D ORAZIO JOHN S

Form 4

February 19, 2019

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB

Number:

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See Instruction

Check this box

SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,

Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

| 1. Name and Address of Reporting Person * D ORAZIO JOHN S | | | 2. Issuer Name Symbol | and Ticker or Trading | 5. Relationship of Reporting Person(s) to Issuer | | | |
|---|----------------|---------------|--------------------------|------------------------------|--|-----------------------|------|--|
| <i>a</i> | (F' 1) | OCTU) | | RCES INC [RGCO] | (Check | k all applicable) | | |
| (Last) | (First) | (Middle) | 3. Date of Earlies | | | | | |
| | | | (Month/Day/Yea | r) | | 10% Owner | | |
| PO BOX 13007 | | | 02/13/2019 | | | titleOther (specif | y | |
| | | | | | below) | below) O & President | | |
| (Street) | | | 4. If Amendment | , Date Original | 6. Individual or Joint/Group Filing(Check | | | |
| | | | Filed(Month/Day/ | Year) | Applicable Line) | | | |
| | | | • | | _X_ Form filed by One Reporting Person | | | |
| ROANOKE, VA 24030 | | | | | Form filed by More than One Reporting Person | | | |
| (City) | (State) | (Zip) | Table I - No | on-Derivative Securities Acc | quired, Disposed of | , or Beneficially Own | ed | |
| 1.Title of | 2. Transaction | Date 2A. Deem | ned 3. | 4. Securities Acquired | 5. Amount of | 6. 7. Nat | ture | |

| (City) | (State) | Tabl | le I - Non-D | erivative) | Secui | rities Acqu | ired, Disposed of, | or Beneficiall | y Owned |
|--------------------------------------|---|---|--|--|------------------|--------------|--|---|---|
| 1.Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transactio Code (Instr. 8) | 4. Securities Acquired n(A) or Disposed of (D) (Instr. 3, 4 and 5) | | | 5. Amount of Securities Beneficially Owned Following | 6. Ownership Form: Direct (D) or Indirect (I) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) |
| | | | Code V | Amount | (A) or (D) | Price | Reported Transaction(s) (Instr. 3 and 4) | (Instr. 4) | |
| Common Stock | 02/13/2019 | | M <u>(1)</u> | 72 | A | \$ 12.633 | 43,347.241 | D | |
| Common Stock | 02/13/2019 | | S | 72 | D | \$ 28 | 43,275.241 | D | |
| Common Stock | 02/14/2019 | | M <u>(1)</u> | 215 | A | \$ 12.633 | 43,490.241 | D | |
| Common Stock | 02/14/2019 | | S | 215 | D | \$ 28 | 43,275.241 | D | |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

$\label{thm:convergence} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (e.g., puts, calls, warrants, options, convertible securities) \end{tabular}$

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transactic Code (Instr. 8) | Deri Secu Acqu (A) (Disp of (I | vative arities uired or cosed O) r. 3, 4, | 6. Date Exerci Expiration Dat (Month/Day/Y | te | 7. Title and Amount of Underlying Securities (Instr. 3 and 4) | |
|---|---|---|---|--|--|---|--|--------------------|---|--|
| | | | | Code V | (A) | (D) | Date Exercisable | Expiration Date | Title | Amount or Number of Shares |
| Employee Stock Options | \$ 12.633 | 02/13/2019 | | M | | 72 | 06/06/2014 | 12/06/2023 | Common Stock | 72 |
| Employee Stock Options | \$ 12.633 | 02/14/2019 | | M | | 215 | 06/06/2014 | 12/06/2023 | Common Stock | 215 |
| Employee Stock Options | \$ 14.4 | | | | | | 06/04/2015 | 12/04/2024 | Common Stock | 7,500 |
| Employee Stock Options | \$ 14.147 | | | | | | 06/03/2016 | 12/03/2025 | Common Stock | 8,250 |
| Employee Stock Options | \$ 16.367 | | | | | | 06/08/2017 | 12/08/2026 | Common Stock | 9,750 |

Reporting Owners

| Reporting Owner Name / Address | Relationships | | | | | | | | |
|--------------------------------|---------------|-----------|-----------------|-------|--|--|--|--|--|
| .r. g | Director | 10% Owner | Officer | Other | | | | | |
| D ORAZIO JOHN S | | | | | | | | | |
| PO BOX 13007 | X | | CEO & President | | | | | | |
| ROANOKE, VA 24030 | | | | | | | | | |

Reporting Owners 2

Signatures

John S. 02/19/2019 D'Orazio

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Exercise of options granted 12/06/2013.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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