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AMERUS C Form 4 February 24	ЛЛ	STATES	SECUI	DITIES A	ND FY	∼н∧	NCF	COMMISSIO	- NT	APPROVA	L	
		UNITED STATES SECURITIES AND EXCHANGE COMMI Washington, D.C. 20549							N OMB Number:	3235-	0287	
Check th if no lon	aar			_		Expires:	Januar	y 31, 2005				
subject t Section Form 4 o	51AIEN 16.	1ENT OF	CHAN	VNERSHIP OI	Estimate	ed average hours per						
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940												
(Print or Type	Responses)											
1. Name and A BROOKS I	Address of Reporting ROGER K	2. Issuer Name and Ticker or Trading Symbol				5. Relationship of Reporting Person(s) to Issuer						
			AMERUS GROUP CO/IA [AMH]					(Check all applicable)				
(Last) (First) (Middle) 699 WALNUT STREET			3. Date of Earliest Transaction (Month/Day/Year) 02/22/2006				XDirector10% Owner Officer (give titleOther (specify below)below)					
(Street)			4. If Amendment, Date Original				6. Individual or Joint/Group Filing(Check					
Filed(Month DES MOINES, IA 50309					_X_ Form filed by				One Reporting Person More than One Reporting			
(City)	(State)	(Zip)	Tab	le I - Non-I	Derivative	Secur	ities Ac	quired, Disposed	of, or Benefic	cially Owned	L	
1.Title of Security (Instr. 3)2. Transaction Date (Month/Day/Year)2A. Deemo Execution any (Month/Da			Date, if Transaction(A) or Disposed of Code (D) ay/Year) (Instr. 8) (Instr. 3, 4 and 5)				5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	f		
				Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)				
Common Stock	02/22/2006	02/22/20	06	S	16,300	D	<u>(1)</u>	29,900	D			
Common Stock	02/23/2006	02/23/20	06	S	18,800	D	<u>(2)</u>	11,100	D			
Common Stock	02/24/2006	02/24/20	06	S	10,900	D	<u>(3)</u>	200	D			
Common Stock								46,263.69	I	Roger K Brooks Revocabl Trust	e	
Common								7,089.287	Ι	By 401(k)	

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Stock			Plan
Common Stock	9,000	Ι	By Spouse
Common Stock	15,000	Ι	RKB Partnership, L.P.

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Titl Amou Under Secur (Instr.	int of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owna Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address		Relationsh		
	Director	10% Owner	Officer	Other
BROOKS ROGER K 699 WALNUT STREET DES MOINES, IA 50309	Х			
Signatures				
/s/ Jeananne M. Celander, attor Brooks	02/24/2006			
**Signature of Reportir		Date		

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- 600 at \$61.95 1500 at \$61.96 700 at \$ 61.97 900 at \$61.98 800 at \$61.99 2600 at \$62.00 400 at \$62.01 1600 at \$62.02 2500 at \$62.03 (1) 2300 at \$62.04 500 at \$62.05 100 at \$62.07 200 at \$62.08 100 at \$62.09 100 at \$62.10 800 at \$62.12 100 at \$62.13 100 at \$62.14 300 at \$62.16 100 at 62.17
- (2) 2600 at \$61.76 1900 at \$61.77 2100 at \$61.78 3200 at \$61.79 1900 at \$61.80 2900 at \$61.81 800 at \$61.82 200 at \$61.83 100 at \$61.84 100 at \$61.85 100 at \$61.86 300 at \$61.88 100 at \$61.89 100 at \$61.90 1100 at \$61.91 1300 at \$61.92
- (3) 1,500 at 61.25 2,200 at 61.26 100 at 61.30 400 at 61.31 400 at 61.32 1,200 at 61.33 2,900 at 61.50 700 at 61.51 600 at 61.60 200 at 61.66 200 at 61.66 200 at 61.67 200 at 61.69 200 at 61.70

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.