AMERUS GROUP CO/IA

Form 4 January 04, 2006

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer

subject to Section 16. Form 4 or

Form 5 obligations

may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

(Print or Type Responses)

(Last)

1.Title of

Security

(Instr. 3)

1. Name and Address of Reporting Person *

BROOKS ROGER K

(First) (Middle)

2. Transaction Date 2A. Deemed

(Month/Day/Year) Execution Date, if

699 WALNUT STREET

DES MOINES, IA 50309

(Street)

2. Issuer Name and Ticker or Trading

Symbol

AMERUS GROUP CO/IA [AMH] 3. Date of Earliest Transaction

(Month/Day/Year) 12/31/2005

4. If Amendment, Date Original

Filed(Month/Day/Year)

below)

X_ Director

Officer (give title

6. Individual or Joint/Group Filing(Check Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

5. Relationship of Reporting Person(s) to

(Check all applicable)

10% Owner Other (specify

7. Nature of

Indirect

Person

Issuer

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

(Month/Day/Year)

4. Securities TransactionAcquired (A) or Code Disposed of (D)

(Instr. 8) (Instr. 3, 4 and 5)

Reported (A) Transaction(s)

required to respond unless the form

or (Instr. 3 and 4) Code V Amount (D) Price

Owned Following

5. Amount of

Beneficially

Securities

Ownership (Instr. 4) (Instr. 4)

(D) or Indirect Beneficial

6. Ownership

Form: Direct

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)

OMB APPROVAL

3235-0287

January 31,

2005

0.5

OMB

Number:

Expires:

response...

Estimated average

burden hours per

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of 3. Transaction Date 3A. Deemed 5. Number of 6. Date Exercisable and 7. Title and Amount of 4. Derivative Conversion (Month/Day/Year) Execution Date, if TransactionDerivative **Expiration Date Underlying Securities** Security or Exercise Code Securities (Month/Day/Year) (Instr. 3 and 4) (Instr. 3) Price of (Month/Day/Year) (Instr. 8) Acquired (A)

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	Derivative Security					or Dispose (D) (Instr. 3, 4 and 5)					
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Restricted Stock Units	\$ 0	12/31/2005	12/31/2005	A		35,296		<u>(1)</u>	01/02/2009	Common Stock	35,296

Reporting Owners

Reporting Owner Name / Address	Relationships						
reporting owner reduces	Director	10% Owner	Officer	Other			
BROOKS ROGER K 699 WALNUT STREET DES MOINES, IA 50309	X						

Signatures

/s/ Jeananne M. Celander, attorney-in-fact for Mr.

Brooks

01/04/2006

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Grant of restricted stock units that vest under the following schedule: 8,824 on December 29, 2006; 4,412 on July 1, 2007; 4,412 on December 28, 2007; 8,824 on July 1, 2008; and 8,824 on January 2, 2009.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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