Borg Edward Form 4 March 09, 2012

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

Form 5

obligations

may continue.

See Instruction

(Print or Type Responses)

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading Borg Edward Issuer Symbol NATURAL ALTERNATIVES (Check all applicable) INTERNATIONAL INC [NAII] (Last) (First) (Middle) 3. Date of Earliest Transaction Director X__ 10% Owner _ Other (specify Officer (give title (Month/Day/Year) below) 600 SOUTH US HIGHWAY 1, 06/16/2009 APT. 609 (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting JUPITER, FL 33477 (City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

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1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
		Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		
Common Stock	08/28/2009	P	5,000	A	\$ 6.47	954,796	D	
Common Stock	08/31/2009	P	400	A	\$ 6.48	955,196	D	
Common Stock	09/01/2009	P	47,500	A	\$ 6.48	1,002,696	D	
Common Stock	09/03/2009	P	1,700	A	\$ 6.75	1,004,396	D	
Common Stock	09/08/2009	P	400	A	\$ 6.75	1,004,796	D	

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Common Stock	09/09/2009	P	30,000	A	\$ 7.1	1,034,796	D
Common Stock	09/09/2009	P	14,000	A	\$ 7	1,048,796	D
Common Stock	09/09/2009	P	10,000	A	\$ 7.12	1,058,796	D
Common Stock	09/09/2009	P	5,000	A	\$ 7.02	1,063,796	D
Common Stock	09/09/2009	P	3,000	A	\$ 6.87	1,066,796	D
Common Stock	09/09/2009	P	2,000	A	\$ 7.2	1,068,796	D
Common Stock	09/09/2009	P	2,000	A	\$ 6.65	1,070,796	D
Common Stock	09/09/2009	P	1,000	A	\$ 6.85	1,071,796	D
Common Stock	09/09/2009	P	1,000	A	\$ 6.84	1,072,796	D
Common Stock	09/17/2009	P	300	A	\$ 7.54	1,073,096	D
Common Stock	09/24/2009	P	3,000	A	\$ 7.91	1,076,096	D
Common Stock	09/28/2009	P	4,000	A	\$ 7.82	1,080,096	D
Common Stock	10/05/2009	P	7,000	A	\$ 7.9	1,087,096	D
Common Stock	10/06/2009	P	1,000	A	\$ 7.87	1,088,096	D
Common Stock	10/06/2009	P	1,000	A	\$ 7.84	1,089,096	D
Common Stock	10/08/2009	P	700	A	\$ 7.75	1,089,796	D
Common Stock	10/09/2009	P	1,800	A	\$ 7.68	1,091,596	D
Common Stock	10/09/2009	P	1,000	A	\$ 7.83	1,092,596	D
Common Stock	10/23/2009	P	700	A	\$ 7.75	1,093,296	D
Common Stock	10/29/2009	P	1,000	A	\$ 7.65	1,094,296	D
	10/29/2009	P	800	A	\$ 7.6	1,095,096	D

Common Stock							
Common Stock	10/29/2009	P	300	A	\$ 7.72	1,095,396	D
Common Stock	10/30/2009	P	2,400	A	\$ 7.6	1,097,796	D
Common Stock	11/02/2009	P	1,000	A	\$ 7.6	1,098,796	D
Common Stock	11/11/2009	P	4,000	A	\$ 7.35	1,102,796	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transact Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	:	ate	Secur	ant of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secun Bene Owno Follo Repo Trans (Instr
			Code V	. ,	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
Borg Edward 600 SOUTH US HIGHWAY 1, APT. 609 JUPITER, FL 33477		X				

Signatures

/s/ Edward Borg	03/09/2012
**Signature of Reporting Person	Date

Reporting Owners 3

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Remarks:

Because the SEC's electronic filing system does not allow for the disclosure of more than 30 transactions on one Form 4, the Few Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.