CISNEROS FERNANDO

Form 4

December 06, 2012

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

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if no longer subject to Section 16.

Check this box

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Form 5 obligations may continue.

Form 4 or

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * FLOW CAPITAL, LLC

2. Issuer Name and Ticker or Trading

Symbol

ALTERNET SYSTEMS INC [ALYI]

3. Date of Earliest Transaction

Issuer

(Check all applicable)

(Last) (First) (Middle)

(Month/Day/Year) 06/04/2012

Director X__ 10% Owner _ Other (specify Officer (give title below)

5. Relationship of Reporting Person(s) to

C/O ARAZOZA & FERNANDEZ-FRAGA, PA., 2100 SALZEDO STREET, SUITE 300

> (Street) 4. If Amendment, Date Original

Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

Applicable Line)

Form filed by One Reporting Person _X_ Form filed by More than One Reporting Person

CORAL GABLES, FL 33134

(State)

(Zip)

(City)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year) 06/04/2012	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securities and Disposed of (Instr. 3, 4 and Amount 1,264,550	D)	Price \$ 0.15	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) 6,883,104	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	06/25/2012		P P	40,000 50,000	A A	\$ 0.145	6,923,104 6,973,104	I I	By Fernando Cisneros, Manager of Flow Capital, LLC

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Common \$ By Spouse Stock 0.1321 of Fernando

Cisneros, attributable to Fernando Cisneros, Manager of Flow Capital, LLC

Common

Stock

758,73

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

06/04/2012 11/30/2013

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number of ctionDerivative Securities 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		Underlying	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount Number Shares	

P

758,730

Dala4: a -- ab:--

Reporting Owners

\$ 0.25

06/04/2012

Warrants

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
FLOW CAPITAL, LLC C/O ARAZOZA & FERNANDEZ-FRAGA, PA. 2100 SALZEDO STREET, SUITE 300 CORAL GABLES, FL 33134		X					
CISNEROS FERNANDO C/O ARAZOZA FERNANDEZ-FRAGA P.A. 2100 SALZEDO STREET, SUITE 300 CORAL GABLES, FL 33134		X					

06/04/2012

Reporting Owners 2

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Signatures

FLOW CAPITAL, LLC, By: /s/ Fernando Cisneros,

Manager 12/06/2012

**Signature of Reporting Person Date

/s/ Fernando Cisneros

12/06/2012

**Signature of Reporting Person Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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