### BROADY GEORGE K

Form 5

February 15, 2011

#### **OMB APPROVAL** FORM 5 **OMB**

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL **OWNERSHIP OF SECURITIES** 

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

Reported Form 4

30(h) of the Investment Company Act of 1940

Transactions Reported

1(b).

1. Name and Address of Reporting Person * BROADY GEORGE K			2. Issuer Name <b>and</b> Ticker or Trading Symbol NATURAL HEALTH TRENDS CORP [NHTC]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First) (I	(N	3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2010				X Director Officer (give tow)		Owner r (specify		
759 CANY	ON DRIVE		2,01,2	.010							
				4. If Amendment, Date Original 6. Filed(Month/Day/Year)				6. Individual or Joint/Group Reporting  (check applicable line)			
COPPELL,, TX 75019  _X_ Form Filed by One Reporting Person Form Filed by More than One Reporting Person											
(City)	(State)	(Zip)	Tab	le I - Non-Der	ivative Sec	curitie	s Acquire	ed, Disposed of,	or Beneficiall	y Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Da any (Month/Day/		3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)  (A) or		of (D)	5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	Ownership Form: Direct	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	06/21/2010	Â		P4	Amount 50,000	(D)	Price \$ 0.21	1,754,707	D	Â	
Common Stock	06/21/2010	Â		P4	10,000	A	\$ 0.22	1,764,707	D	Â	
Common Stock	07/06/2010	Â		P4	500	A	\$ 0.24	1,765,207	D	Â	
Common Stock	07/26/2010	Â		P4	7,300	A	\$ 0.24	1,772,507	D	Â	

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Number:

Expires:

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Estimated average

burden hours per

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Common Stock	08/04/2010	Â	P4	1,200	A	\$ 0.24	1,773,707	D	Â
Common Stock	10/21/2010	Â	P4	5,000	A	\$ 0.07	1,778,707	D	Â
Common Stock	10/26/2010	Â	P4	140	A	\$ 0.09	1,778,847	D	Â
Common Stock	11/08/2010	Â	P4	20,243	A	\$ 0.09	1,799,090	D	Â
Common Stock	11/09/2010	Â	P4	14,408	A	\$ 0.09	1,813,498	D	Â
Common Stock	11/11/2010	Â	P4	5,000	A	\$ 0.09	1,818,498	D	Â
Common Stock	11/18/2010	Â	P4	209	A	\$ 0.09	1,818,707	D	Â
Common Stock	11/23/2010	Â	P4	20,263	A	\$ 0.09	1,838,970	D	Â
Common Stock	11/26/2010	Â	P4	1,000	A	\$ 0.09	1,839,970	D	Â
Common Stock	11/29/2010	Â	P4	2,900	A	\$ 0.09	1,842,870	D	Â
Common Stock	11/30/2010	Â	P4	42	A	\$ 0.09	1,842,912	D	Â
Common Stock	12/06/2010	Â	P4	2,000	A	\$ 0.09	1,844,912	D	Â
Common Stock	12/15/2010	Â	P4	140	A	\$ 0.09	1,845,052	D	Â
Common Stock	12/16/2010	Â	P4	156	A	\$ 0.09	1,845,208	D	Â
Common Stock	12/17/2010	Â	P4	5,100	A	\$ 0.09	1,850,308	D	Â
Common Stock	12/20/2010	Â	P4	10,915	A	\$ 0.09	1,861,223	D	Â
Common Stock	12/21/2010	Â	P4	2,000	A	\$ 0.09	1,863,223	D	Â
Common Stock	12/21/2010	Â	P4	2,000	A	\$ 0.09	1,865,223	D	Â
Common Stock	12/22/2010	Â	P4	2,000	A	\$ 0.09	1,867,223	D	Â
Common Stock	12/23/2010	Â	P4	5,000	A	\$ 0.1	1,872,223	D	Â
	12/23/2010	Â	P4	10,300	A		1,882,523	D	Â

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Common Stock						\$ 0.105			
Common Stock	12/23/2010	Â	P4	13,500	A	\$ 0.11	1,896,023	D	Â
Common Stock	12/23/2010	Â	P4	2,000	A	\$ 0.09	1,898,023	D	Â
Common Stock	12/27/2010	Â	P4	5,000	A	\$ 0.115	1,903,023	D	Â
Common Stock	12/27/2010	Â	P4	10,000	A	\$ 0.12	1,913,023	D	Â

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	<ol><li>Date Exerc</li></ol>	cisable and	7. Titl	e and	8. Price of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transaction	Number	Expiration Da	ate	Amou	int of	Derivative
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	lying	Security
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Secur	ities	(Instr. 5)
	Derivative				Securities			(Instr.	3 and 4)	
	Security				Acquired					
					(A) or					
					Disposed					
					of (D)					
					(Instr. 3,					
					4, and 5)					
									Amount	
									or	
						Date	Expiration	on Title Numb		
						Exercisable Date	Date		of	
					(A) (D)				Shares	
					(II) $(D)$				Silaics	

## **Reporting Owners**

Reporting Owner Name / Address	Relationships							
<b>F</b>	Director	10% Owner	Officer	Other				
BROADY GEORGE K 759 CANYON DRIVE COPPELL,, TX 75019	ÂX	Â	Â	Â				
Signaturos								

## **Signatures**

/s/ Gary C. Wallace by Power of Attorney 02/15/2011

\*\*Signature of Reporting Person Date

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## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.