ST MARY LAND \& EXPLORATION CO
Form 4
June 26, 2008

| RM 4 |  | OMB APPROVAL |
| :---: | :---: | :---: |
|  | UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 | OMB Number: 3235-0287 |
| Check this box if no longer |  | Expires: $\quad \begin{array}{r}\text { January 31, } \\ 2005\end{array}$ |
| subject to Section 16 | SECURITIES | Estimated average |
| Form 4 or |  | $\text { response... } 0.5$ |
| Form 5 <br> obligations may continue. | Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section |  |
| See Instruction | 30(h) of the Investment Company Act of 1940 |  |
| 1 (b). |  |  |

(Print or Type Responses)

5. Relationship of Reporting Person(s) to Issuer
(Check all applicable)

| Director | 10\% Owner |
| :---: | :---: |
| $\frac{\mathrm{X}}{\text { below) }} \text { Officer (give title }$ | Other (specify |
|  | below) |
| VP- Business Development |  |
| 6. Individual or Joint/C | Group Filing(Check |
| Applicable Line) |  |

Applicable Line)
_X_Form filed by One Reporting Person __Form filed by More than One Reporting Person

DENVER, CO 80203
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| (City) | (State) | (Zip) |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1.Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed <br> Execution Date, if any <br> (Month/Day/Year) | 3. <br> Transac Code (Instr. 8) <br> Code | 4. Securit tiomr Dispos (Instr. 3, | es Ac d of and 5 <br> (A) or (D) | quired (A) <br> D) <br> Price | 5. Amount of Securities <br> Beneficially <br> Owned <br> Following <br> Reported <br> Transaction(s) <br> (Instr. 3 and 4) | 6. <br> Ownership <br> Form: <br> Direct (D) <br> or Indirect <br> (I) <br> (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) |
| Common <br> Stock; <br> \$. 01 Par <br> Value | 06/24/2008 |  | M | 4,058 | A | \$ 12.03 | 14,333 | D |  |
| Common <br> Stock; <br> \$.01 Par <br> Value | 06/24/2008 |  | M | 3,634 | A | \$ 11.95 | 17,967 | D |  |
| Common Stock; \$. 01 Par Value | 06/24/2008 |  | M | 4,058 | A | \$ 7.965 | 22,025 | D |  |



Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.
Persons who respond to the collection of SEC 1474 information contained in this form are not
required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. <br> Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. <br> Transactio <br> Code <br> (Instr. 8) | 5. Number of Derivative Securities Acquired <br> (A) or Disposed of (D) (Instr. 3, 4, and 5) | 6. Date Exercisable and Expiration Date (Month/Day/Year) | 7. Title and Amount Underlying Securities (Instr. 3 and 4) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | Code V | (A) (D) |  | Title |

$\left.\begin{array}{llllllllll} & & & \begin{array}{c}\text { Date } \\ \text { Exercisable }\end{array} & \begin{array}{c}\text { Expiration } \\ \text { Date }\end{array} & \begin{array}{c}\text { Amount } \\ \text { or } \\ \text { Number } \\ \text { of }\end{array} \\ \text { Shares }\end{array}\right)$

## Reporting Owners

Reporting Owner Name / Address
Director 10\% Owner Officer Other
Hertzler Jerold M
1776 LINCOLN ST.
SUITE 700
DENVER, CO 80203

## Relationships

## Signatures

Karin M. Writer
(Attorney-In-Fact)
${ }_{\text {** }}$ Signature of Reporting Person
06/26/2008

Date

## Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. $78 \mathrm{ff}(\mathrm{a})$.
(1) The total option vested as follows: 1,015 shares on June 30, 2002, 1,015 shares on September 30, 2002, 1,014 shares on September 30, 2003, and 1,014 shares on September 30, 2004
(2) The total option grant vested as follows: 909 shares on September 30, 2002, 909 shares on September 30, 2003, 908 shares on September 30, 2004, and 908 shares on September 30, 2005.
(3) The total option grant vested as follows: 1,015 shares on September 30, 2001, 1,015 shares on September 30, 2002, 1,014 shares on September 30, 2003, and 1,014 shares on September 30, 2004.
(4) The total option grant vested as follows: 909 shares on December 31, 2002, 909 shares on September 30, 2003, 908 shares on September 30, 2004, and 908 shares on September 30, 2005.
(5) The total option grant vested as follows: 909 shares on March 31, 2003, 909 shares on September 30, 2003, 908 shares on September 30, 2004, and 908 shares on September 30, 2005.
(6) The total option grant vested as follows: 908 shares on June 30, 2003, 908 shares on September 30, 2003, 908 shares on September 30, 2004, and 908 shares on September 30, 2005.
(7) The total option grant vested as follows: 726 shares on September 30, 2003, 726 shares on September 30, 2004, 725 shares on September 30, 2005, and 725 shares on September 30, 2006.
(8) The total option grant vested as follows: 136 shares on October 22, 2003, 136 shares on September 30, 2004, 136 shares on September 30, 2005, and 136 shares on September 30, 2006.
(9) The total option grant vested as follows: 496 shares on December 31, 2003, 862 shares on September 30, 2004, 862 shares on September 30, 2005, and 862 shares on September 30, 2006.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.
Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

