

METROPOLITAN HEALTH NETWORKS INC

Form 8-K

December 15, 2004

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**SECURITIES AND EXCHANGE COMMISSION**  
**Washington, D.C. 20549**

**FORM 8-K**

Current Report pursuant  
to Section 13 or 15(d) of the  
Securities Exchange Act of 1934

Date of report (Date of earliest event reported): December 10, 2004

**METROPOLITAN HEALTH NETWORKS, INC.**

(Exact name of Registrant as specified in its charter)

Florida

(State or other jurisdiction of incorporation)

0-28456  
(Commission file number)

65-0635748  
(I.R.S. Employer Identification  
No.)

250 Australian Avenue South, Suite 400  
West Palm Beach, Fl. 33401  
(Address of principal executive offices)

(561) 805-8500  
(Registrant's telephone number, including area code)

Check the appropriate box below if the Form 8-K is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
  - Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
  - Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
  - Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
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**Item 5.02 Departure of Directors or Principal Officers; Election of Directors; Appointment of Principal Officers**

On December 10, 2004, the Board of Directors of Metropolitan Health Networks, Inc. (the Company ) appointed a new member to the Company s Board of Directors. The addition of Douglas R. Carlisle (the New Director ) brings the Board s membership to eight.

There are no arrangements or understandings pursuant to which the New Director was selected as a director.

A copy of the Company s press release announcing the appointment is attached hereto as Exhibit 99.1 and incorporated herein by reference.

**Item 9.01 Exhibits**

Exhibit 99.1 Press Release dated December 13, 2004.

**SIGNATURE**

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Dated: December 15, 2004.

METROPOLITAN HEALTH NETWORKS,  
INC.

/s/ Roberto L. Palenzuela

By: Roberto L. Palenzuela

Title: General Counsel and Secretary