

CAPITAL ONE FINANCIAL CORP
 Form 4
 February 17, 2017

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549**

OMB APPROVAL

OMB Number: 3235-0287
 Expires: January 31, 2005
 Estimated average burden hours per response... 0.5

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
FINNERAN JOHN G JR

2. Issuer Name and Ticker or Trading Symbol
CAPITAL ONE FINANCIAL CORP [COF]

5. Relationship of Reporting Person(s) to Issuer
 (Check all applicable)

(Last) (First) (Middle)
1680 CAPITAL ONE DRIVE
 (Street)

3. Date of Earliest Transaction (Month/Day/Year)
02/15/2017

____ Director _____ 10% Owner
 Officer (give title below) _____ Other (specify below)
Gen. Counsel & Corp. Secretary

MCLEAN, VA 22102
 (City) (State) (Zip)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 ____ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V Amount (A) or (D) Price			
Common Stock	02/15/2017		M	4,879 A \$ 0 ⁽¹⁾	144,136	D	
Common Stock	02/15/2017		M	4,302 A \$ 0 ⁽¹⁾	148,438	D	
Common Stock	02/15/2017		M	3,753 A \$ 0 ⁽¹⁾	152,191	D	
Common Stock	02/15/2017		M	12,004 A \$ 0 ⁽²⁾	164,195	D	
Common Stock	02/15/2017		D	4,879 D \$ 88.31 ⁽¹⁾	159,316	D	

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Common Stock	02/15/2017	D	4,302	D	\$ <u>(1)</u>	88.31	155,014	D	
Common Stock	02/15/2017	D	3,753	D	\$ <u>(1)</u>	88.31	151,261	D	
Common Stock	02/15/2017	D	12,004	D	\$ <u>(2)</u>	88.31	139,257	D	
Common Stock	02/15/2017	F ⁽³⁾	2,040	D	\$ 90.93		137,217	D	
Common Stock	02/15/2017	F ⁽⁴⁾	1,965	D	\$ 90.93		135,252	D	
Common Stock	02/15/2017	F ⁽⁵⁾	3,294	D	\$ 90.93		131,958	D	
Common Stock							31,683	I	Finneran/Cotter Children's Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Security (Instr. 3 and 4)
				Code	V (A) (D)	Date Exercisable Expiration Date	Title
2014 Restricted Stock Units	\$ 0 ⁽¹⁾	02/15/2017		M	4,879	<u>(6)</u> <u>(6)</u>	Common Stock 4.
2015 Restricted Stock Units	\$ 0 ⁽¹⁾	02/15/2017		M	4,302	<u>(7)</u> <u>(7)</u>	Common Stock 4.

2016 Restricted Stock Units	\$ 0 ⁽¹⁾	02/15/2017	M	3,753	<u>(8)</u>	<u>(8)</u>	Common Stock	3
Restricted Stock Units	\$ 0 ⁽²⁾	02/15/2017	M	12,004	02/15/2017 ⁽²⁾	02/15/2017 ⁽²⁾	Common Stock	12

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
FINNERAN JOHN G JR 1680 CAPITAL ONE DRIVE MCLEAN, VA 22102			Gen. Counsel & Corp. Secretary	

Signatures

Cleo Belmonte (POA
on file) 02/17/2017

__Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
 - ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) On February 15, 2017 the restricted stock units were settled in cash based on the Company's average fair market value of shares of common stock over the fifteen trading days preceding the vesting date.
 - (2) Each restricted stock unit vested on January 1, 2017 and settled in cash on February 15, 2017 based on the Company's average fair market value of the underlying shares of common stock over the fifteen trading days preceding the settlement date.
 - (3) Represents the automatic withholding by the issuer to satisfy the reporting person's tax obligation associated with the vesting of restricted stock units granted on January 30, 2014. This is authorized in the applicable restricted stock award agreement.
 - (4) Represents the automatic withholding by the issuer to satisfy the reporting person's tax obligation associated with the vesting of restricted stock units granted on January 29, 2015. This is authorized in the applicable restricted stock award agreement.
 - (5) Represents the automatic withholding by the issuer to satisfy the reporting person's tax obligation associated with the vesting of restricted stock units granted on February 4, 2016. This is authorized in the applicable restricted stock award agreement.
 - (6) These restricted stock units vest in 1/3 increments beginning on February 15, 2015 and annually thereafter.
 - (7) These restricted stock units vest in 1/3 increments beginning on February 15, 2016 and annually thereafter.
 - (8) These restricted stock units vest in 1/3 increments beginning on February 15, 2017 and annually thereafter.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.