

AMS HEALTH SCIENCES INC
Form 8-K
December 05, 2006

SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report: December 1, 2006
(Date of earliest event report):

AMS HEALTH SCIENCES, INC.
(Exact Name of Small Business Issuer as
Specified in its Charter)

OKLAHOMA
(State or Other Jurisdiction of
Incorporation or Organization)

001-13343
(Commission File
Number)

73-1323256
(IRS Employer Identification
Number)

711 NE 39th Street, Oklahoma City, OK 73105
(Address of Principal Executive Offices) (Zip
Code)

Issuer's telephone number, including area code: (405) 842-0131

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

[Written communications pursuant to Rule 425 under
] the Securities Act (17 CFR 230.425)

[Soliciting material pursuant to Rule 14a-12(b) under
] the Exchange Act (17 CFR 240.14a-12(b))

[Pre-commencement communications pursuant to
] Rule 14d-2(b) under the Exchange Act (17 CFR
240.14d-2(b))

[Pre-commencement communications pursuant to
] Rule 13e-4(c) under the Exchange Act (17 CFR
240.13e-4(c))

Information to be Included in the Report:

Item 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers

On December 1, 2006, the AMS Health Sciences, Inc. (the “Company”) announced that the board of directors had approved the appointment of Lawrence R. Moreau as an independent director of the Company. Mr. Moreau was appointed to fill the vacancy left by the resignation of Harland Stonecipher in December 2005. Additional information regarding Mr. Moreau is set forth in the Press Release attached to this Form 8-K and is incorporated herein by reference.

Item 9.01 Financial Statements and Exhibits

(d) Exhibits.

The following exhibit is filed with this Form 8-K and is identified by the number indicated:

Exhibit Description

No.

99.1 Press Release
dated
December 4,
2006

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

AMS HEALTH SCIENCES, INC.

/s/ ROBIN L. JACOB

Robin L. Jacob

Vice President and Chief Financial
Officer

December 4, 2006

INDEX TO EXHIBITS

<u>Exhibit No.</u>	<u>Description</u>	<u>Method of Filing</u>
99.1	Press Release dated December 4, 2006	Filed herewith electronically