MILLS STEVEN RICHARD

Form 4

February 22, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

See Instruction

1. Name and Address of Reporting Person * MILLS STEVEN RICHARD

2. Issuer Name and Ticker or Trading

Symbol

ARCHER DANIELS MIDLAND CO [ADM]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction

(Month/Day/Year) 02/22/2006

Director 10% Owner _X__ Officer (give title _ Other (specify below)

Group V.P. & Controller

4666 FARIES PARKWAY

(Street)

4. If Amendment, Date Original

Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

DECATUR, IL 62526

(City)	(State)	(Zip) Tal	ble I - Non	-Derivativ	e Secu	ırities Acqui	red, Disposed of,	or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactio Code (Instr. 8)	4. Securities Acquired (A) our Disposed of (D) (Instr. 3, 4 and 5) (A) or			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	02/22/2006		Code V M	Amount 315	(D)	Price \$ 13.6871	115,565	D	
Common Stock	02/22/2006		M	474	A	\$ 13.5246	116,039	D	
Common Stock	02/22/2006		M	13,125	A	\$ 12.5333	129,164	D	
Common Stock	02/22/2006		S	13,600	D	\$ 31.14	115,564	D	
Common Stock	02/22/2006		S	314	D	\$ 31.17	115,250	D	

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		Ву
Common	25,914.7506	Employee
Stock	<u>(1)</u>	Benefit
		Plan

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	Secu Acqu or Di (D)	rities aired (A) asposed of r. 3, 4,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (right to buy)	\$ 13.6871	02/22/2006		M		315	<u>(2)</u>	04/17/2007	Common Stock	315
Employee Stock Option (right to buy)	\$ 13.5246	02/22/2006		M		474	(3)	05/03/2009	Common Stock	474
Employee Stock Option (right to buy)	\$ 12.5333	02/22/2006		M		13,125	<u>(4)</u>	08/02/2006	Common Stock	13,125

Reporting Owners

Reporting Owner Name / Address	Relationships						
1 6	Director	10% Owner	Officer	Other			
MILLS STEVEN RICHARD			Group V.P. & Controller				
4666 FARIES PARKWAY							

Reporting Owners 2

DECATUR, IL 62526

Signatures

Stuart E. Funderburg, Attorney-in-Fact for Steven R.

Mills

02/22/2006

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Between December 28, 2005 and February 22, 2006, the reporting person acquired 59.2603 shares of ADM Common Stock pursuant to an employee benefit plan. The information in this report is based on a plan statement dated February 22, 2006.
- (2) The option becomes exercisable in approximately 11.1% increments annually commencing on April 17, 1998.
- (3) The option becomes exercisable in approximately 11.1% increments annually commencing on May 3, 2000.
- (4) The option became exercisable in 25% increments annually commencing on August 2, 2002.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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