Sondel Michael Form 4 April 01, 2019

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL

OMB Number:

Expires:

3235-0287 January 31, 2005

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if no longer subject to Section 16. Form 4 or Form 5 obligations

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

Comm Stock -

\$.16-2/3 value Comm Stock -

\$.16-2/3 value

03/29/2019

03/29/2019

(Print or Type Responses)

may continue.

See Instruction

1. Name and Sondel Mic	Symbol		d Ticker or Trading ICES INC [ADI]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
<i>a</i>							
(Last)	(First) ((Middle) 3. Date	of Earliest 1	Transaction			
		· ·	Day/Year)		Director		Owner
ONE TECI	Y 03/29/2	2019		_X_ Officer (give title Other (specify below)			
					· · · · · · · · · · · · · · · · · · ·	rincipal acct. off	icer)
	(Street)						
	4. If Am	endment, I	Date Original	6. Individual or Joint/Group Filing(Check			
		Filed(Me	onth/Day/Ye	ar)	Applicable Line)		
					X Form filed by	1 0	
NORWOO	D, MA 02062				Person	More than One Re	porting
(6)	(0)				2010011		
(City)	(State)	(Zip) Tal	ole I - Non-	Derivative Securities Acc	quired, Disposed o	f, or Beneficial	ly Owned
1.Title of	2. Transaction Date	2A. Deemed	3.	4. Securities Acquired	5. Amount of	6.	7. Nature of
Security	(Month/Day/Year)	Execution Date, if	Transaction	on(A) or Disposed of (D)	Securities	Ownership	Indirect
(Instr. 3)		any	Code	(Instr. 3, 4 and 5)	Beneficially	Form: Direct	Beneficial
		(Month/Day/Year)	(Instr. 8)		Owned	(D) or	Ownership
					Following	Indirect (I)	(Instr. 4)
				(A)	Reported	(Instr. 4)	
				(A)	Transaction(s)		

Code V Amount

277

82

M

F

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of **SEC 1474** information contained in this form are not (9-02)

(Instr. 3 and 4)

D

D

3.170

3,088

Price

\$0

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8. P Der Sec (Ins

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	Derivat	tive cies red	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) ((D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Restricted Stock Unit (RSU)	\$ 0	03/29/2019		M	2	277	03/29/2019(1)	<u>(1)</u>	Comm Stock - \$.16-2/3 value	277

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Sondel Michael
ONE TECHNOLO

ONE TECHNOLOGY WAY

NORWOOD, MA 02062

CAO (principal acct. officer)

Signatures

/s/ Cynthia M. McMakin, Assistant General Counsel, by Power of Attorney 04/01/2019

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The Restricted Stock Units granted to the Reporting Person on March 29, 2018 (the "Original Grant Date") vest in equal installments on (1) the first, second, third, and fourth anniversaries of the Original Grant Date. Upon each vesting date, each vested RSU shall automatically convert into one (1) share of common stock of the Company.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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