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SILBERSTE	IN KARL L											
Form 4 May 02, 2019	9											
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSIO							OMMISSION	OMB	PROVAL 3235-0287			
Check this box				shington,	D.C. 20	549			Number:	January 31,		
if no long subject to Section 1 Form 4 or		SECUR	RITIES		NERSHIP OF	Expires: Estimated a burden hour response	2005 verage					
Form 5 obligation may cont <i>See</i> Instru 1(b).	inue. Section 1	7(a) of the		tility Hold	ding Con	ipany	y Act of	e Act of 1934, 1935 or Section 0	1			
(Print or Type F	Responses)											
SILBERSTEIN KARL L Symbol Bank of				er Name and Ticker or Trading f Commerce Holdings				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last)	[BOCH]				ransaction			_X_ Director10% Owner				
C/O BANK	(First) OF COMME 5, 555 CAPITO		(Month/D 05/01/20	Day/Year)	ansaction			Officer (give below)		or (specify		
				ndment, Date Original hth/Day/Year)				6. Individual or Joint/Group Filing(CheckApplicable Line)_X_ Form filed by One Reporting Person				
SACRAME	NTO, CA 958	14-4500						Form filed by M Person	lore than One Re	porting		
(City)	(State)	(Zip)	Tabl	e I - Non-E	Derivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned		
1.Title of Security (Instr. 3)	2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date, if any (Month/Day/Year)			3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A)				Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
				Code V	Amount	or (D)	Price	(Instr. 3 and 4)				
Common Stock	05/01/2019			Р	907	А	\$ 10.75	9,795	D			
Common Stock	05/01/2019			Р	1,000	А	\$ 10.7	10,795	D			
Common Stock	05/01/2019			Р	1,000	А	\$ 10.65	11,795	D			
Common Stock								14,500	Ι	By family trust		

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Titl	e and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onNumber	Expiration D	ate	Amou	int of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	lying	Security	Secu
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securi	ities	(Instr. 5)	Bene
	Derivative				Securities			(Instr.	3 and 4)		Owne
	Security				Acquired						Follo
	•				(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
									Amount		
						Date	Expiration	T . 1	or		
						Exercisable	Date		Number		
				<u> </u>					of		
				Code V	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
SILBERSTEIN KARL L C/O BANK OF COMMERCE HOLDINGS 555 CAPITOL MALL, SUITE 1255 SACRAMENTO, CA 95814-4500	х						
Signatures							
/s/ Alicia E. MacGregor, Attorney-in-fact	05/02/20	19					
**Signature of Reporting Person	Date						

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.