

Southern National Bancorp of Virginia Inc
 Form 4
 July 22, 2016

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549**

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 Baker Thomas Preston

2. Issuer Name and Ticker or Trading Symbol
 Southern National Bancorp of Virginia Inc [SONA]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
 1685 WELLESLEY KNOLL
 (Street)

3. Date of Earliest Transaction (Month/Day/Year)
 07/21/2016

____ Director _____ 10% Owner
 Officer (give title below) _____ Other (specify below)
 Chief Credit Officer

KESWICK, VA 22947

(City) (State) (Zip)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Southern National Bancorp of Virginia Common Stock				(A) or (D)	22,000	D	
Southern National Bancorp of Virginia Common Stock				(A) or (D)	721	I	By IRA

Southern
National
Bancorp of
Virginia
Common
Stock

3,654

I

By 401k
Plan

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (Right to Buy)	\$ 9.2					01/23/2009	01/22/2018	Common Stock	2,000
Employee Stock Option (Right to Buy)	\$ 5.5					01/27/2010	01/27/2019	Common Stock	2,000
Employee Stock Option (Right to Buy)	\$ 8.02					07/29/2010	07/29/2019	Common Stock	2,000
Employee Stock Option (Right to Buy)	\$ 7.04					07/27/2011	07/27/2020	Common Stock	3,000

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- (1) These options are exercisable as follows: 1000 on 12/5/2013, 1000 on 12/5/2014, 1000 on 12/5/2015, 1000 on 12/5/2016, 1000 on 12/5/2017.
- (2) These options are exercisable as follows: 1000 on 6/21/2014, 1000 on 6/21/2015, 1000 on 6/21/2016, 1000 on 6/21/2017, 1000 on 6/21/2018.
- (3) These options are exercisable as follows: 1000 on 7/22/2015, 1000 on 7/22/2016, 1000 on 7/22/2017, 1000 on 7/22/2018, 1000 on 7/22/2019.
- (4) These options are exercisable as follows: 800 on 6/19/2016, 800 on 6/19/2017, 800 on 6/19/2018, 800 on 6/19/2019, 800 on 6/19/2020.
- (5) These options are exercisable as follows: 1000 on 6/16/2017, 1000 on 6/16/2018, 1000 on 6/16/2019, 1000 on 6/16/2020, 1000 on 6/16/2021.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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