Southern National Bancorp of Virginia Inc

Form 4

Stock

December 22, 2015

FORM	1								PPROVAL	
	UNITEDS	STATES SECUR Was	ITIES All hington,			NGE (COMMISSION	OMB Number:	3235-0287	
Check this								Expires:	January 31,	
subject to Section 10	if no longer subject to Section 16. Form 4 or STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES							Estimated average burden hours per response 0.5		
Form 5 obligation may conti <i>See</i> Instru 1(b).	s Section 17(a	suant to Section 10 a) of the Public Ut 30(h) of the In	ility Hold	ing Com	pany	Act of	f 1935 or Sectio	·		
(Print or Type R	esponses)									
1. Name and Ad Bollerer Free	ddress of Reporting P derick L	Symbol	Name and			g	5. Relationship of Issuer	Reporting Per	son(s) to	
			n National Inc [SON		p of		(Check all applicable)			
(Last)		(Month/D	Earliest Tra ay/Year)	nsaction			X Director 10% Owner Officer (give title below) Other (specify below)			
911 ROLLIN	NG HOLLY DRI	VE 12/21/20)15				below)	below)		
GREAT FAI	nendment, Date Original onth/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(State) (Zip) Table	e I - Non-D	erivative S	Securi	ties Acc	quired, Disposed of	f, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		spose 4 and	d of	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
					(A) or		Transaction(s)			
Southern National Bancorp of	12/21/2015		Code V	Amount 1,000			(Instr. 3 and 4) 2,285	D		
Virginia Common Stock	12/21/2013		r	1,000	A	Ф 9.2	2,263	D		
Southern National Bancorp of Virginia Common	12/21/2015		P	1,000	A	\$ 5.5	3,285	D		

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Southern National Bancorp of Virginia Common Stock	12/21/2015	P	1,000	A	\$ 7.04	4,285	D	
Southern National Bancorp of Virginia Common Stock	12/21/2015	P	800	A	\$ 7.2	5,085	D	
Southern National Bancorp of Virginia Common Stock	12/21/2015	P	1,200	A	\$ 6.24	6,285	D	
Southern National Bancorp of Virginia Common Stock						14,157	I	By IRA

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number Transaction Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		(Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock	\$ 9.2	12/21/2015		P		1,000	01/23/2009	01/22/2018	Common Stock	1,000

Option (Right to Buy)								
Employee Stock Option (Right to Buy)	\$ 5.5	12/21/2015	P	1,000	01/27/2010	01/27/2019	Common Stock	1,000
Employee Stock Option (Right to Buy)	\$ 7.04	12/21/2015	P	1,000	07/27/2011	07/27/2020	Common Stock	1,000
Employee Stock Option (Right to Buy)	\$ 7.2	12/21/2015	P	800	03/21/2012	03/21/2021	Common Stock	200 (1)
Employee Stock Option (Right to Buy)	\$ 6.24	12/21/2015	P	1,200	02/09/2013	02/09/2022	Common Stock	800 (2)
Employee Stock Option (Right to Buy)	\$ 9.32				01/29/2014	01/29/2023	Common Stock	3,500 (<u>3)</u>

Reporting Owners

Reporting Owner Name / Address	Relationships					
Reporting Owner Frame, Francess	Director	10% Owner	Officer	Other		
Bollerer Frederick L 911 ROLLING HOLLY DRIVE GREAT FALLS, VA 22066	X					

Signatures

12/22/2015			
12/22/2015			
Date			

Reporting Owners 3

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These options are exercisable as follows: 200 on 3/21/2016
- (2) These options are exercisable as follows: 400 on 2/9/2016, 400 on 2/9/2017.
- (3) These options are exercisable as follows: 700 on 1/29/2014, 700 on 1/29/2015, 700 on 1/29/2016, 700 on 1/29/2017, 700 on 1/29/2018.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.