Southern National Bancorp of Virginia Inc

Form 4

Stock

November 09, 2015

FORM	OMB APPROVAL											
	OMB Number:	3235-0287										
Check thi if no long	er		shington, D.C.			Expires:	January 31,					
subject to Section 1 Form 4 or	6. SIAIEW	IENT OF CHAN	NGES IN BENE SECURITIES		NERSHIP OF	Estimated average burden hours per response 0.5						
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940												
(Print or Type R	Responses)											
1. Name and A Bollerer Fre	ddress of Reporting I derick L	Symbol	er Name and Ticker		5. Relationship of Reporting Person(s) to Issuer							
			rn National Band a Inc [SONA]	corp of	(Check all applicable)							
(Last) 911 ROLLI	(First) (M	(Month/I	f Earliest Transactio Day/Year) 2015	on	X Director Officer (give below)		Owner er (specify					
CDEATEA	(Street)		endment, Date Orig nth/Day/Year)	inal	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting							
GREATFA	LLS, VA 22066				Person							
(City)	(State)	(Zip) Tab	le I - Non-Derivati	ve Securities Ac	quired, Disposed of	f, or Beneficial	ly Owned					
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Transaction(A) or	urities Acquired Disposed of (D) 3, 4 and 5) (A) or	Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)						
Southern			Code V Amou	int (D) Price	(Instr. 3 and 4)							
National Bancorp of Virginia Common Stock	11/05/2015		P 425	A \$ 11.45	1,285	D						
Southern National Bancorp of Virginia Common					14,157	I	By IRA					

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

> 8. F Der Sec (Ins

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (Right to Buy)	\$ 9.2					01/23/2009	01/22/2018	Common Stock	1,000
Employee Stock Option (Right to Buy)	\$ 5.5					01/27/2010	01/27/2019	Common Stock	1,000
Employee Stock Option (Right to Buy)	\$ 7.04					07/27/2011	07/27/2020	Common Stock	1,000
Employee Stock Option (Right to Buy)	\$ 7.2					03/21/2012	03/21/2021	Common Stock	1,000 (1)
Employee Stock Option (Right to Buy)	\$ 6.24					02/09/2013	02/09/2022	Common Stock	2,000 (2)

Employee Stock

Option \$ 9.32 Common 3,500 Stock (3)

(Right to Buy)

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Bollerer Frederick L

911 ROLLING HOLLY DRIVE X

GREAT FALLS, VA 22066

Signatures

Frederick L. Bollerer 11/09/2015

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These options are exercisable as follows: 200 on 3/21/2012, 200 on 3/21/2013, 200 on 3/21/2014, 200 on 3/21/2015, 200 on 3/21/2016.
- (2) These options are exercisable as follows: 400 on 2/9/2013, 400 on 2/9/2014, 400 on 2/9/2015, 400 on 2/9/2016, 400 on 2/9/2017.
- (3) These options are exercisable as follows: 700 on 1/29/2014, 700 on 1/29/2015, 700 on 1/29/2016, 700 on 1/29/2017, 700 on 1/29/2018.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 3