

Southern National Bancorp of Virginia Inc  
 Form 5  
 February 17, 2015

# FORM 5

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION**  
**Washington, D.C. 20549**

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).  
 Form 3 Holdings Reported Form 4 Transactions Reported

**ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person \*  
**FORCH JOHN J**

2. Issuer Name and Ticker or Trading Symbol  
 Southern National Bancorp of Virginia Inc [SONA]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year)  
 12/31/2014

Director  10% Owner  
 Officer (give title below)  Other (specify below)

1465 MAYHURST BLVD

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Reporting

(check applicable line)

MCLEAN, VA 22102

(City) (State) (Zip)

Form Filed by One Reporting Person  
 Form Filed by More than One Reporting Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	(A) or (D)	Price	5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
Southern National Bancorp of Virginia Common Stock	Â	Â	Â	Â	Â	Â	38,847 (1)	D	Â
Southern National Bancorp of Virginia	Â	Â	Â	Â	Â	Â	5,000	I	By IRA

Common  
Stock

Southern  
National  
Bancorp of  
Virginia  
Common  
Stock

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^

^

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810

I

By Profit  
Sharing  
Plan

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 2270  
(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
*(e.g., puts, calls, warrants, options, convertible securities)*

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	Amount or Number of Shares
					(A) (D)	Date Exercisable Expiration Date	Title	
Employee Stock Option (Right to Buy)	\$ 14.73	^	^	^	^ ^	01/24/2008 <sup>(2)</sup> 01/24/2017	Common Stock	1,100
Employee Stock Option (Right to Buy)	\$ 9.2	^	^	^	^ ^	01/23/2009 <sup>(3)</sup> 01/23/2018	Common Stock	1,000
Employee Stock Option (Right to Buy)	\$ 7.04	^	^	^	^ ^	07/27/2011 <sup>(4)</sup> 07/27/2020	Common Stock	1,000
Employee Stock Option (Right to Buy)	\$ 7.2	^	^	^	^ ^	03/21/2012 <sup>(5)</sup> 03/21/2021	Common Stock	1,000

Buy)

Employee  
Stock  
Option (Right to  
Buy)

\$ 6.24     ^

^

^

^

^

02/09/2013<sup>(6)</sup>

02/09/2022

Common  
Stock

2,000

Employee  
Stock  
Option (Right to  
Buy)

\$ 9.32     ^

^

^

^

^

01/29/2014<sup>(7)</sup>

01/29/2023

Common  
Stock

3,500

## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
FORCH JOHN J 1465 MAYHURST BLVD MCLEAN, VA 22102	X	^	^	^

## Signatures

John J. Forch                      02/17/2015

\*\*Signature of  
Reporting Person

Date

## Explanation of Responses:

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- (1) These shares are jointly owned with spouse.
- (2) These options are exercisable as follows: 220 on 1/24/2008, 220 on 1/24/2009, 220 on 1/24/2010, 220 on 1/24/2011, 220 on 1/24/2012.
- (3) These options are exercisable as follows: 200 on 1/23/2009, 200 on 1/23/2010, 200 on 1/23/2011, 200 on 1/23/2012, 200 on 1/23/2013.
- (4) These options are exercisable as follows: 200 on 7/27/2011, 200 on 7/27/2012, 200 on 7/27/2013, 200 on 7/27/2014, 200 on 7/27/2015.
- (5) These options are exercisable as follows: 200 on 3/21/2012, 200 on 3/21/2013, 200 on 3/21/2014, 200 on 3/21/2015, 200 on 3/21/2016.
- (6) These options are exercisable as follows: 400 on 2/9/2013, 400 on 2/9/2014, 400 on 2/9/2015, 400 on 2/9/2016, 400 on 2/9/2017.
- (7) These options are exercisable as follows: 700 on 1/29/2014, 700 on 1/29/2015, 700 on 1/29/2016, 700 on 1/29/2017, 700 on 1/29/2018.

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