

LAGOS WILLIAM H  
Form 4  
August 13, 2010

**FORM 4**

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549**

OMB APPROVAL

OMB Number: 3235-0287  
Expires: January 31, 2005  
Estimated average burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
LAGOS WILLIAM H

2. Issuer Name and Ticker or Trading Symbol  
Southern National Bancorp of Virginia Inc [SONA]

5. Relationship of Reporting Person(s) to Issuer  
  
(Check all applicable)

(Last) (First) (Middle)  
12605 THUNDER CHASE DR.  
  
(Street)

3. Date of Earliest Transaction (Month/Day/Year)  
07/27/2010

\_\_\_\_ Director \_\_\_\_\_ 10% Owner  
 Officer (give title below) \_\_\_\_\_ Other (specify below)  
Senior Vice President

RESTON, VA 20191

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

(City) (State) (Zip)

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Southern National Bancorp of Virginia Common Stock				(A) or (D)	18,857	D	
Southern National Bancorp of Virginia Common Stock				(A) or (D)	848	I	By 401k plan

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474  
(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	Amount or Number of Shares
				Code V	(A) (D)	Date Exercisable Expiration Date	Title	
Employee Stock Option (Right to Buy)	\$ 9.09					12/31/2005 04/14/2015	Common Stock	12,650
Employee Stock Option (Right to Buy)	\$ 9.09					12/31/2005 11/17/2015	Common Stock	1,650
Employee Stock Option (Right to Buy)	\$ 9.2					01/23/2009 <sup>(1)</sup> 01/22/2018	Common Stock	3,500
Employee Stock Option (Right to Buy)	\$ 5.5					01/27/2010 <sup>(2)</sup> 01/27/2019	Common Stock	2,000
Employee Stock Option (Right to buy)	\$ 7.04	07/27/2010		A	2,500	07/27/2011 <sup>(3)</sup> 07/27/2020	Common Stock	2,500

## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
LAGOS WILLIAM H 12605 THUNDER CHASE DR. RESTON, VA 20191			Senior Vice President	

## Signatures

William H.  
Lagos  
08/13/2010

    Signature of  
Reporting Person                      Date

## Explanation of Responses:

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These options are exercisable as follows: 700 shares on 1/23/2009, 700 shares on 1/23/2010, 700 shares on 1/23/2011, 700 shares on 1/23/2012, 700 shares on 1/23/2013.
- (2) These options are exercisable as follows: 400 on 1/27/2010, 400 on 1/27/2011, 400 on 1/27/2012, 400 on 1/27/2013, 400 on 1/27/2014.
- (3) These shares are exercisable as follows: 500 shares on 7/27/2011, 500 shares on 7/27/2012, 500 shares on 7/27/2013, 500 shares on 7/27/2014, 500 shares on 7/27/2015.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.