Southern National Bancorp of Virginia Inc

Form 4

February 12, 2009

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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if no longer subject to Section 16. Form 4 or

Check this box

Form 5 obligations may continue.

See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Last)

(City)

(Print or Type Responses)

1. Name and Address of Reporting Person * STEVENS WILLIAM H

(First)

4607 A MCARTHUR BLVD. NW

(Street)

(State)

(Middle)

(Zip)

(Month/Day/Year) 01/27/2009

Filed(Month/Day/Year)

2. Issuer Name and Ticker or Trading

Symbol

Southern National Bancorp of Virginia Inc [SONA]

3. Date of Earliest Transaction

4. If Amendment, Date Original

5. Relationship of Reporting Person(s) to

Issuer

(Check all applicable)

Director 10% Owner X_ Officer (give title Other (specify below) below)

Executive Vice President

6. Individual or Joint/Group Filing(Check Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

WASHINGTON, DC 20007

1.Title of 2. Transaction Date 2A. Deemed Security (Month/Day/Year) Execution Date, if (Instr. 3)

(Month/Day/Year)

3. 4. Securities TransactionAcquired (A) or Code Disposed of (D) (Instr. 8)

Code V Amount (D)

(Instr. 3, 4 and 5)

(A)

or

Price

5. Amount of Securities Beneficially Owned Following Reported

(D) or Indirect (I) (Instr. 4)

6. Ownership 7. Nature of Form: Direct Indirect Beneficial Ownership (Instr. 4)

Transaction(s) (Instr. 3 and 4)

Southern National Bancorp of

Virginia Common

Stock

4,556 D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code	5. Number on f Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisals Expiration Date (Month/Day/Year		7. Title and a Underlying S (Instr. 3 and	Securities
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amoun or Number of Share
Employee Stock Options (right to buy)	\$ 9.09					12/31/2005	04/14/2015	Common Stock	16,50
Employee Stock Options (right to buy)	\$ 9.2					01/23/2009(1)	01/22/2018	Common Stock	1,500
Employee Stock Options (right to buy)	\$ 5.5	01/27/2009		A	1,500	01/27/2010(2)	01/27/2019	Common Stock	1,500

Reporting Owners

Reporting Owner Name / Address	Relationships				
	Director	10% Owner	Officer	Other	

STEVENS WILLIAM H 4607 A MCARTHUR BLVD. NW WASHINGTON, DC 20007

Executive Vice President

Signatures

Reporting Person

William H.	02/12/200		
Stevens			
**Signature of	Date		

Reporting Owners 2

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares are exercisable as follows: 300 shares on 1/23/2009 300 shares on 1/23/2010 300 shares on 1/23/2011 300 shares on 1/23/2012 300 shares on 1/23/2013
- (2) These shares are exercisable as follows: 300 shares on 1/27/2010 300 shares on 1/27/2011 300 shares on 1/27/2012 300 shares on 1/27/2013 300 shares on 1/27/2014

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.