Stevenson David K Form 4 December 04, 2012

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

OMB
3235-0287

Number:

Check this box if no longer subject to Section 16.

Washington, D.C. 20549

Expires: January 31, 2005 Estimated average

subject to Section 16. Form 4 or Form 5 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

burden hours per response... 0.5

Form 5 obligations may continue. *See* Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Addr Stevenson Dav	•	ing Person *	2. Issuer Name and Ticker or Trading Symbol UFP TECHNOLOGIES INC [UFPT]	5. Relationship of Reporting Person(s) to Issuer		
	(Last) (First) (Middle) O UFP TECHNOLGIES, C., 172 EAST MAIN STREET		3. Date of Earliest Transaction (Month/Day/Year) 11/30/2012	(Check all applicable) _X_ Director 10% Owner Officer (give title below) Other (specification)		
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting		
GEORGETOWN, MA 01833				Person		

(City)	(State) (Z	Zip) Table	I - Non-Do	erivative S	Securi	ties Acqu	ired, Disposed of	, or Beneficial	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactio Code (Instr. 8)	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or		5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
a			Code V	Amount	(D)	Price	(Instr. 3 and 4)		
Common Stock, \$.01 Par Value	11/30/2012		S	2,000	D	\$ 16.6	18,246	D	
Employee Stock Option	11/30/2012		M	1,448	A	\$ 9.25	19,694	D	
Employee Stock Option	11/30/2012		M	126	A	\$ 10.14	19,820	D	
Employee Stock	11/30/2012		F	882	D	\$ 16.63	18,938	D	

Option

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number op Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option	\$ 9.25	11/30/2012		M		1,448	07/01/2010	07/01/2020	Common Stock, \$.01 Par Value	1,448
Employee Stock Option	\$ 10.14	11/30/2012		M		126	07/01/2008	07/01/2018	Common Stock, \$.01 Par Value	126

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
Stevenson David K C/O UFP TECHNOLGIES, INC. 172 EAST MAIN STREET GEORGETOWN, MA 01833	X						

Signatures

Patrick J. Kinney, Jr. as attorney-in-fact for David K.
Stevenson

**Signature of Reporting Person

Reporting Owners 2

Date

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.