Edgar Filing: HORNBECK OFFSHORE SERVICES INC /LA - Form 4

Form 4	OFFSHORE SEF	RVICE	S INC /LA									
April 05, 2016 FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549						OMMISSION	OMB APPROVAL OMB 3235-0287 Number:					
Check this box January												
(Print or Type Res	sponses)											
J			2. Issuer Name and Ticker or Trading Symbol HORNBECK OFFSHORE SERVICES INC /LA [HOS]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(Month/D			3. Date of E (Month/Day 04/01/201	-				X_ Director 10% Owner Officer (give title Other (specify below) below)				
	(Street)	Street) 4. If Amendment, Date Original Filed(Month/Day/Year)					 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person 					
COVINGTON	I, LA 70433							Form filed by M Person	lore than One Re	porting		
(City)	(State) (Z	üp)	Table I	- Non-Der	ivative Se	curiti	es Acq	Acquired, Disposed of, or Beneficially Owned				
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execu any		3. Transactic Code (Instr. 8) Code V	Disposed (Instr. 3, Amount	l (A) o l of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
COMMON STOCK	04/01/2016			А	2,451 (1)	А	\$0	22,836	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Amou Unde Secur	le and unt of rlying ities . 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Address	Relationships							
reporting o whet i value / i value out	Director	10% Owner	Officer	Other				
Meyers Kevin Omar 103 NORTHPARK BLVD, SUITE 300 COVINGTON, LA 70433	Х							
Signatures								
/s/ Beth A. LaBrosse as POA for Kevin Omar								
Meyers		04/05/2016						
**Signature of Reporting Person		Date						
Explanation of Pospon	0001							

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents a restricted stock award granted to the reporting person for service as a non-employee director of the Company, which vested in full on the Grant Date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.