Mills James Connell Form 4 March 03, 2011

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Mills James Connell

2. Issuer Name and Ticker or Trading Symbol

Issuer

5. Relationship of Reporting Person(s) to

GAIN Capital Holdings, Inc.

(Check all applicable)

[GCAP]

(Last) (First) 3. Date of Earliest Transaction

_X__ Director Officer (give title

10% Owner _ Other (specify

(Month/Day/Year) 03/01/2011

(Middle)

C/O GAIN CAPITAL HOLDINGS. INC., BEDMINSTER ONE, 135

(Street)

ROUTE 202/206

4. If Amendment, Date Original

Applicable Line)

Filed(Month/Day/Year)

X Form filed by One Reporting Person Form filed by More than One Reporting

6. Individual or Joint/Group Filing(Check

Person

BEDMINSTER, NJ 07921

(City)	(State)	Zip) Table	e I - Non-D	erivative S	Securi	ties Acq	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		
Common Stock	03/01/2011		A	300	A	\$ 7.62	300	D	
Common Stock	03/01/2011		A	400	A	\$ 7.69	700	D	
Common Stock	03/01/2011		A	4,000	A	\$ 7.7	4,700	D	
Common Stock	03/01/2011		A	100	A	\$ 7.72	4,800	D	
	03/01/2011		A	100	A		4,900	D	

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Common Stock					\$ 7.73		
Common Stock	03/01/2011	A	100	A	\$ 7.74	5,000	D
Common Stock	03/01/2011	A	100	A	\$ 7.75	5,100	D
Common Stock	03/01/2011	A	100	A	\$ 7.81	5,200	D
Common Stock	03/01/2011	A	300	A	\$ 7.84	5,500	D
Common Stock	03/01/2011	A	5,600	A	\$ 7.85	11,100	D
Common Stock	03/01/2011	A	900	A	\$ 7.88	12,000	D
Common Stock	03/01/2011	A	100	A	\$ 7.89	12,100	D
Common Stock	03/01/2011	A	21,000	A	\$ 7.9	33,100	D
Common Stock	03/02/2011	A	900	A	\$ 7.83	34,000	D
Common Stock	03/02/2011	A	2,100	A	\$ 7.95	36,100	D
Common Stock	03/02/2011	A	18,200	A	\$8	54,300	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exercisable and	7. Title and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	orNumber	Expiration Date	Amount of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/Year)	Underlying	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivativ	e	Securities	(Instr. 5)	Bene
`	Derivative		` '	· · · · ·	Securities	S	(Instr. 3 and 4)	· ·	Owne
	Security				Acquired		,		Follo
	,				(A) or				Repo
					Disposed				Trans
					of (D)				(Instr
					(Instr. 3,				
					4, and 5)				
					., and 5)				
				Code V	(A) (D)		Title		

SEC 1474

(9-02)

Date Expiration Exercisable Date

Amount or Number of Shares

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Mills James Connell C/O GAIN CAPITAL HOLDINGS, INC. BEDMINSTER ONE, 135 ROUTE 202/206 BEDMINSTER, NJ 07921



Signatures

/s/ James C. 03/03/2011

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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