

GUNDERMANN PETER J
Form 4
January 19, 2010

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
GUNDERMANN PETER J

(Last) (First) (Middle)
130 COMMERCE WAY
(Street)

EAST AURORA, NY 14052

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol
ASTRONICS CORP [ATRO]

3. Date of Earliest Transaction
(Month/Day/Year)
01/18/2010

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

Director 10% Owner
 Officer (give title below) Other (specify below)

PRESIDENT/CEO

6. Individual or Joint/Group Filing(Check Applicable Line)

Form filed by One Reporting Person
 Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(D)	Price
\$.01 PV COMMON STOCK	01/18/2010		M		11,183	A	\$ 4.917
\$.01 PV CLASS B STOCK	01/18/2010		M		8,037	A	\$ 4.917

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Fair Value of Derivative Security (Instr. 3 and 4)	
				Code	V	(A)	(D)	Title	Amount or Number of Shares	
OPTION	\$ 4.917	01/18/2010		M		11,183		\$.01 PV COM STK	11,183	
OPTION	\$ 4.917	01/18/2010		M		8,037		\$.01 PV CL B STK	8,037	
OPTION	\$ 9.813						04/26/2002	04/26/2011	\$.01 PV COM STK	10,313
OPTION	\$ 9.813						04/26/2002	04/26/2011	\$.01 PV CL B STK	5,801
OPTION	\$ 8.178						01/25/2003	01/25/2012	\$.01 PV COM STK	11,555
OPTION	\$ 8.178						01/25/2003	01/25/2012	\$.01 PV CL B STK	2,889
OPTION	\$ 4.263						01/24/2004	01/24/2013	\$.01 PV COM STK	33,547
OPTION	\$ 4.263						01/24/2004	01/24/2013	\$.01 PV CL B STK	8,386
OPTION	\$ 4.392						02/19/2005	02/19/2014		40,800

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					\$.01 PV COM STK	
OPTION	\$ 4.392	02/19/2005	02/19/2014	\$.01 PV CL B STK	10,200	
OPTION	\$ 4.072	12/14/2005	12/14/2014	\$.01 PV COM STK	44,000	
OPTION	\$ 4.072	12/14/2005	12/14/2014	\$.01 PV CL B STK	11,000	
OPTION	\$ 5.2	02/18/2006	02/18/2015	\$.01 PV COM STK	20,000	
OPTION	\$ 5.2	02/18/2006	02/18/2015	\$.01 PV CL B STK	5,000	
OPTION	\$ 7.864	12/13/2006	12/13/2015	\$.01 PV COM STK	25,000	
OPTION	\$ 7.864	12/13/2006	12/13/2015	\$.01 PV CL B STK	6,250	
OPTION	\$ 13.888	12/12/2007	12/12/2016	\$.01 PV COM STK	14,460	
OPTION	\$ 13.888	12/12/2007	12/12/2016	\$.01 PV CL B STK	3,615	
OPTION	\$ 31.848	12/19/2008	12/19/2017	\$.01 PV COM STK	6,680	
OPTION	\$ 31.848	12/19/2008	12/19/2017		1,670	

						\$.01 PV CL B STK
OPTION	\$ 7.88		12/09/2009	12/09/2018		\$.01 PV COM STK
						37,440
OPTION (1)	\$ 7.87		12/03/2010	12/03/2019		\$.01 PV COM STK
						37,480

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
GUNDERMANN PETER J 130 COMMERCE WAY EAST AURORA, NY 14052	X		PRESIDENT/CEO	

Signatures

/S/DAVID C. BURNEY, AS POWER OF ATTORNEY FOR PETER J.
GUNDERMANN

01/19/2010

__Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Granted pursuant to the Company's 2001 Key Employee Stock Option Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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