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Form 4	R STEVEN M									
May 04, 200										PROVAL
FORM	A 4 UNITED	STATES	SECU	RITIES A	AND EX	СНА	NGE CC	MMISSION		
Check th	his box		Wa	shington	, D.C. 20)549			Number:	3235-0287
if no longer subject to Section 16. Form 4 or Form 5 Filed pursuant to S				SECUI		Expires:January 3' 200Estimated average burden hours per response0.				
obligatio may con <i>See</i> Instr 1(b).	ons Section 17(a) of the l	Public U	Itility Hol	lding Cor	npan	•	935 or Section		
(Print or Type	Responses)									
	Address of Reporting R STEVEN M	Person <u>*</u>	Symbol	er Name an DLDINGS				. Relationship of I ssuer	Reporting Pers	on(s) to
(Last)	(First) (I	Middle)		of Earliest T	-	ΠD		(Check	all applicable)
· · ·	RKRIDGE BLVD	,	(Month/I	Day/Year)	Tunbuetion		-	_X Director _X Officer (give t elow) CEO and Ch		Owner r (specify Board
	(Street)			endment, D onth/Day/Yea	-	ıl	A	. Individual or Joi applicable Line) X_ Form filed by Or		
RESTON,	VA 20191						P	Form filed by Mo Person	ore than One Rej	porting
(City)	(State)	(Zip)	Tab	ole I - Non-J	Derivative	Secur	ities Acqui	red, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deem Execution any (Month/Da	Date, if	3. Transactic Code (Instr. 8)	4. Securiti our Dispose (Instr. 3, 4	ed of (5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
C				Code V	Amount	(D)	Price	(Instr. 3 and 4)		
Common Stock	05/02/2007			S	1,000	D	\$ 77.934	282,930	D	
Common Stock	05/02/2007			S	1,000	D	\$ 77.943	281,930	D	
Common Stock	05/02/2007			S	1,000	D	\$ 77.952	280,930	D	
Common Stock	05/02/2007			S	44,900	D	\$ 78	236,030	D	
Common Stock	05/02/2007			S	1,000	D	\$ 78.003	235,030	D	

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Common Stock	05/02/2007	S	1,000	D	\$ 78.005	234,030	D
Common Stock	05/02/2007	S	1,000	D	\$ 78.013	233,030	D
Common Stock	05/02/2007	S	2,000	D	\$ 78.015	231,030	D
Common Stock	05/02/2007	S	1,000	D	\$ 78.02	230,030	D
Common Stock	05/02/2007	S	1,000	D	\$ 78.023	229,030	D
Common Stock	05/02/2007	S	1,000	D	\$ 78.0331	228,030	D
Common Stock	05/02/2007	S	1,000	D	\$ 78.037	227,030	D
Common Stock	05/02/2007	S	1,000	D	\$ 78.04	226,030	D
Common Stock	05/02/2007	S	300	D	\$ 78.0833	225,730	D
Common Stock	05/02/2007	S	1,000	D	\$ 78.092	224,730	D
Common Stock	05/02/2007	S	1,000	D	\$ 78.096	223,730	D
Common Stock	05/02/2007	S	500	D	\$ 78.01	223,230	D
Common Stock	05/02/2007	S	200	D	\$ 78.02	223,030	D
Common Stock	05/02/2007	S	2,500	D	\$ 78.03	220,530	D
Common Stock	05/02/2007	S	691	D	\$ 78.08	219,839	D
Common Stock	05/02/2007	S	1,900	D	\$ 78.09	217,939	D
Common Stock	05/02/2007	S	1,300	D	\$ 78.1	216,639	D
Common Stock	05/02/2007	S	509	D	\$ 78.11	216,130	D
Common Stock	05/02/2007	S	2,500	D	\$ 78.1264	213,630	D
Common Stock	05/02/2007	S	400	D	\$ 78.2	213,230	D
	05/02/2007	S	300	D	\$ 78.21	212,930	D

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Common Stock							
Common Stock	05/02/2007	S	142	D	\$ 78.22	212,788	D
Common Stock	05/02/2007	S	100	D	\$ 78.24	212,688	D
Common Stock	05/02/2007	S	1,000	D	\$ 78.27	211,688	D
Common Stock	05/02/2007	S	677	D	\$ 78.28	211,011	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transact Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Title Amour Underl Securit (Instr. 1	nt of ying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships					
1	Director	10% Owner	Officer	Other		
SHINDLER STEVEN M 10700 PARKRIDGE BLVD. SUITE 600 RESTON, VA 20191	Х		CEO and Chairman of the Board			

Signatures

Gary D. Begeman Attorney-in-Fact

05/04/2007

<u>**</u>Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Remarks:

The amount of securities beneficially owned following reported transactions entered on column 5 of Table I, include: 35,000 shares of restricted stock that vest April 26, 2009, and

35,000 shares of restricted stock that vest April 26, 2010.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.