KITTENBRINK DOUGLAS A

Form 4

February 01, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

117,968.7832 D (1)

January 31, 2005

0.5

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response...

if no longer subject to Section 16. Form 4 or Form 5

obligations

Check this box

may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section See Instruction

30(h) of the Investment Company Act of 1940

1(b).

Common Stock,

\$0.10 par value

01/30/2006

(Print or Type Responses)

1. Name and Address of Reporting Person ** KITTENBRINK DOUGLAS A			2. Issuer Name and Ticker or Trading Symbol ALLEGHENY TECHNOLOGIES INC [ATI]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
			3. Date of Earliest Transaction (Month/Day/Year) 01/30/2006					Director 10% Owner X_ Officer (give title Other (specify below)					
					. If Amendment, Date Original iled(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person				
PITTSBURGH, PA 15222-5479									Form filed by More than One Reporting Person				
	(City)	(State)	(Zip)	Tab	le I - Non-l	Derivative	erivative Securities Acquired, Disposed of, or Beneficially Owned						
	1.Title of Security (Month/Day/Year) 2A. Deemed Execution Date any (Month/Day/Y		Date, if	Code (Instr. 8)	4. Securities Acquired or(A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or Amount (D) Price			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
	Common Stock, \$0.10 par value	01/30/2006			M	45,000	A	\$ 7.245	128,068.7832	D (1)			
	Common Stock, \$0.10 par value	01/30/2006			S	10,000	D	\$ 52.75	118,068.7832	D (1)			

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Common Stock, \$0.10 par value	01/30/2006	S	300	D	\$ 52.72	117,668.7832	D (1)
Common Stock, \$0.10 par value	01/30/2006	S	1,300	D	\$ 52.71	116,368.7832	D (1)
Common Stock, \$0.10 par value	01/30/2006	S	2,800	D	\$ 52.67	113,568.7832	D (1)
Common Stock, \$0.10 par value	01/30/2006	S	400	D	\$ 52.66	113,168.7832	D (1)
Common Stock, \$0.10 par value	01/30/2006	S	2,300	D	\$ 52.65	110,868.7832	D (1)
Common Stock, \$0.10 par value	01/30/2006	S	1,700	D	\$ 52.64	109,168.7832	D (1)
Common Stock, \$0.10 par value	01/30/2006	S	2,500	D	\$ 52.63	106,668.7832	D (1)
Common Stock, \$0.10 par value	01/30/2006	S	700	D	\$ 52.62	105,968.7832	D (1)
Common Stock, \$0.10 par value	01/30/2006	S	2,800	D	\$ 52.61	103,168.7832	D (1)
Common Stock, \$0.10 par value	01/30/2006	S	700	D	\$ 52.6	102,468.7832	D (1)
Common Stock, \$0.10 par value	01/30/2006	S	1,800	D	\$ 52.59	100,668.7832	D (1)
	01/30/2006	S	3,300	D		97,368.7832	D (1)

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Common Stock, \$0.10 par value					\$ 52.58		
Common Stock, \$0.10 par value	01/30/2006	S	2,700	D	\$ 52.57	94,668.7832	D (1)
Common Stock, \$0.10 par value	01/30/2006	S	3,900	D	\$ 52.56	90,768.7832	D (1)
Common Stock, \$0.10 par value	01/30/2006	S	1,500	D	\$ 52.55	89,268.7832	D (1)
Common Stock, \$0.10 par value	01/30/2006	S	300	D	\$ 52.54	88,968.7832	D (1)
Common Stock, \$0.10 par value	01/30/2006	S	200	D	\$ 52.53	88,768.7832	D (1)
Common Stock, \$0.10 par value	01/30/2006	S	400	D	\$ 52.52	88,368.7832	D (1)
Common Stock, \$0.10 par value	01/30/2006	S	1,100	D	\$ 52.51	87,268.7832	D (1)
Common Stock, \$0.10 par value	01/30/2006	S	4,200	D	\$ 52.5	83,068.7832	D (1)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	TransactionDerivative Code Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Employee Stock Option, right to buy	\$ 7.245	01/30/2006		M	45,000	<u>(2)</u>	10/21/2012	Common Stock, \$.10 par value	45,000	

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

KITTENBRINK DOUGLAS A 1000 SIX PPG PLACE PITTSBURGH, PA 15222-5479

EVP, ATI Business System

Signatures

Douglas A.

Kittenbrink 02/01/2006

**Signature of Date

Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Mr. Kittenbrink owns 330.4607 of common stock indirectly in the Company's 401(k) plan.
- (2) The options vested in three equal installments on October 21, 2003, 2004 and 2005.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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