

NUTRI SYSTEM INC /DE/
Form 10-Q
November 04, 2011
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UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 10-Q

(Mark One)

☒ **QUARTERLY REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934**

For the Quarterly Period Ended September 30, 2011

OR

☐ **TRANSITION REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934**

For the Transition Period From to

Commission File Number 0-28551

Nutrisystem, Inc.

(Exact name of Registrant as specified in its charter)

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Delaware (State or other jurisdiction of incorporation or organization)	23-3012204 (I.R.S. Employer Identification No.)
Fort Washington Executive Center 600 Office Center Drive Fort Washington, Pennsylvania (Address of principal executive offices)	19034 (Zip code)
(215) 706-5300 (Registrant's telephone number, including area code)	

Indicate by check mark whether the Registrant: (1) has filed all reports required to be filed by Section 13 or 15(d) of the Securities Exchange Act of 1934 during the preceding 12 months (or for such shorter period that the Registrant was required to file such reports), and (2) has been subject to such filing requirements for the past 90 days. Yes ☒ No ☐

Indicate by check mark whether the Registrant has submitted electronically and posted on its corporate Web site, if any, every Interactive Data File required to be submitted and posted pursuant to Rule 405 of Regulation S-T (§232.405 of this chapter) during the preceding 12 months (or for such shorter period that the Registrant was required to submit and post such files). Yes ☒ No ☐

Indicate by checkmark whether the Registrant is a large accelerated filer, an accelerated filer, a non-accelerated filer, or a smaller reporting company. See the definitions of large accelerated filer, accelerated filer and smaller reporting company in Rule 12b-2 of the Exchange Act.

Large accelerated filer <input type="checkbox"/>	Accelerated filer <input checked="" type="checkbox"/>
Non-accelerated filer <input type="checkbox"/>	Smaller reporting company <input type="checkbox"/>

Indicate by checkmark whether the Registrant is a shell company (as defined by Rule 12b-2 of the Exchange Act). Yes ☐ No ☒

Indicate the number of shares outstanding of each of the issuer's classes of common stock, as of the latest practicable date:

Common Stock, \$.001 par value	28,093,693 shares as of October 27, 2011
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NUTRISYSTEM, INC. AND SUBSIDIARIES

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(Unaudited, in thousands, except share and per share amounts)

	September 30, 2011	December 31, 2010
<u>ASSETS</u>		
CURRENT ASSETS:		
Cash and cash equivalents	\$ 72,215	\$ 20,376
Marketable securities	0	20,843
Receivables	6,390	9,256
Inventories, net	25,104	28,747
Prepaid income taxes	0	5,513
Deferred income taxes	1,912	1,854
Supplier advances	593	15,240
Other current assets	5,002	11,855
Total current assets	111,216	113,684
FIXED ASSETS, net	30,703	34,324
OTHER ASSETS	1,776	1,945
	\$ 143,695	\$ 149,953

LIABILITIES AND STOCKHOLDERS' EQUITY

CURRENT LIABILITIES:		
Accounts payable	\$ 19,031	\$ 26,435
Accrued payroll and related benefits	2,027	4,874
Income taxes payable	1,316	0
Deferred revenue	1,174	4,488
Other accrued expenses and current liabilities	5,151	3,867
Total current liabilities	28,699	39,664
BORROWINGS UNDER CREDIT FACILITY	30,000	30,000
NON-CURRENT LIABILITIES	5,945	5,313
Total liabilities	64,644	74,977

COMMITMENTS AND CONTINGENCIES (Note 6)**STOCKHOLDERS' EQUITY:**

Preferred stock, \$.001 par value (5,000,000 shares authorized, no shares issued and outstanding)	0	0
Common stock, \$.001 par value (100,000,000 shares authorized; shares issued and outstanding at September 30, 2011 and 28,099,812 at December 31, 2010)	28,015,750	28
Additional paid-in capital	8,138	3,086
Retained earnings	70,997	71,990
Accumulated other comprehensive loss	(112)	(128)

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Total stockholders' equity	79,051	74,976
	\$ 143,695	\$ 149,953

The accompanying notes are an integral part of these consolidated financial statements.

Table of Contents**NUTRISYSTEM, INC. AND SUBSIDIARIES****CONSOLIDATED STATEMENTS OF OPERATIONS**

(Unaudited, in thousands, except per share amounts)

	Three Months Ended September 30,		Nine Months Ended September 30,	
	2011	2010	2011	2010
REVENUE	\$ 85,643	\$ 121,189	\$ 334,444	\$ 421,653
COSTS AND EXPENSES:				
Cost of revenue	41,257	52,654	162,711	186,585
Marketing	20,279	33,349	92,833	127,177
General and administrative	11,502	18,114	48,186	57,031
Depreciation and amortization	2,961	3,133	9,186	9,064
Total costs and expenses	75,999	107,250	312,916	379,857
Operating income from continuing operations	9,644	13,939	21,528	41,796
OTHER INCOME (EXPENSE)	0	3	0	(32)
INTEREST (EXPENSE) INCOME, net	(52)	(31)	(408)	73
Income from continuing operations before income taxes	9,592	13,911	21,120	41,837
INCOME TAXES	3,524	4,690	7,709	15,037
Income from continuing operations	6,068	9,221	13,411	26,800
DISCONTINUED OPERATION (NOTE 8):				
Loss on discontinued operation, net of income tax benefit	0	(66)	0	(253)
Net income	\$ 6,068	\$ 9,155	\$ 13,411	\$ 26,547
BASIC INCOME PER COMMON SHARE:				
Income from continuing operations	\$ 0.22	\$ 0.32	\$ 0.48	\$ 0.89
Loss on discontinued operation	0	0	0	(0.01)
Net income	\$ 0.22	\$ 0.32	\$ 0.48	\$ 0.88
DILUTED INCOME PER COMMON SHARE:				
Income from continuing operations	\$ 0.21	\$ 0.32	\$ 0.47	\$ 0.87
Loss on discontinued operation	0	0	0	0

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Net income	\$ 0.21	\$ 0.32	\$ 0.47	\$ 0.87
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WEIGHTED AVERAGE SHARES OUTSTANDING:

Basic	27,092	27,106	26,948	28,835
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Diluted	27,335	27,505	27,272	29,205
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Dividends declared per common share	\$ 0.18	\$ 0.18	\$ 0.53	\$ 0.53
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The accompanying notes are an integral part of these consolidated financial statements.

Table of Contents**NUTRISYSTEM, INC. AND SUBSIDIARIES****CONSOLIDATED STATEMENT OF STOCKHOLDERS' EQUITY AND COMPREHENSIVE INCOME (LOSS)**

(Unaudited, in thousands, except share amounts)

	Common Shares	Common Stock	Additional Paid-in Capital	Retained Earnings	Accumulated Other Comprehensive Loss	Total
BALANCE, January 1, 2011	28,099,812	\$ 28	\$ 3,086	\$ 71,990	\$ (128)	\$ 74,976
Net income	0	0	0	13,411	0	13,411
Foreign currency translation adjustment	0	0	0	0	(4)	(4)
Loss recognized on sales of marketable securities, net of tax	0	0	0	0	26	26
Unrealized loss on interest rate swaps, net of tax	0	0	0	0	(6)	(6)
Total comprehensive income						13,427
Share-based compensation expense, net	(104,063)	0	5,760	0	0	5,760
Exercise of stock options	20,001	0	128	0	0	128
Equity compensation awards, net	0	0	(836)	0	0	(836)
Cash dividends	0	0	0	(14,404)	0	(14,404)
BALANCE, September 30, 2011	28,015,750	\$ 28	\$ 8,138	\$ 70,997	\$ (112)	\$ 79,051

The accompanying notes are an integral part of these consolidated financial statements.

Table of Contents**NUTRISYSTEM, INC. AND SUBSIDIARIES****CONSOLIDATED STATEMENTS OF CASH FLOWS**

(Unaudited, in thousands)

	Nine Months Ended September 30,	
	2011	2010
CASH FLOWS FROM OPERATING ACTIVITIES:		
Net income	\$ 13,411	\$ 26,547
Adjustments to reconcile net income to net cash provided by operating activities:		
Loss on discontinued operation	0	253
Depreciation and amortization	9,186	9,064
(Gain) loss on disposal of fixed assets	(17)	68
Share based compensation expense	7,502	8,129
Deferred income tax (benefit) expense	(364)	630
Loss on sales of marketable securities	26	0
Changes in operating assets and liabilities:		
Receivables	2,866	3,892
Inventories, net	3,643	35,281
Supplier advances, net	14,647	0
Other assets	6,971	3,882
Accounts payable	(6,496)	(6,243)
Accrued payroll and related benefits	(2,847)	3,974
Deferred revenue	(3,314)	(2,446)
Income taxes	7,296	(405)
Other accrued expenses and liabilities	1,966	1,867
Net cash provided by operating activities of continuing operations	54,476	84,493
Net cash used in operating activities of discontinued operation	0	(145)
Net cash provided by operating activities	54,476	84,348
CASH FLOWS FROM INVESTING ACTIVITIES:		
Purchases of marketable securities	(54)	(422)
Sales of marketable securities	20,897	10,000
Capital additions	(6,570)	(16,822)
Proceeds from the sale of fixed assets	58	0
Net cash provided by (used in) investing activities of continuing operations	14,331	(7,244)
Net cash provided by investing activities of discontinued operation	0	112
Net cash provided by (used in) investing activities	14,331	(7,132)
CASH FLOWS FROM FINANCING ACTIVITIES:		
Borrowings under credit facility	0	20,000
Exercise of stock options	128	119
Taxes related to equity compensation awards, net	(2,692)	(2,346)
Payment of dividends	(14,404)	(15,757)

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Repurchase and retirement of common stock	0	(74,997)
Net cash used in financing activities	(16,968)	(72,981)
Effect of exchange rate changes on cash and cash equivalents	0	9
NET INCREASE IN CASH AND CASH EQUIVALENTS	51,839	4,244

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CASH AND CASH EQUIVALENTS, beginning of period	20,376	32,364
CASH AND CASH EQUIVALENTS, end of period	\$ 72,215	\$ 36,608

The accompanying notes are an integral part of these consolidated financial statements.

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NUTRISYSTEM, INC. AND SUBSIDIARIES

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS

(Unaudited, in thousands except share and per share amounts)

1. BACKGROUND

Nature of the Business

Nutrisystem, Inc. (the Company or Nutrisystem), a provider of weight management products and services, offers nutritionally balanced weight loss programs designed for women, men, and seniors, as well as the Nutrisystem® D® program, specifically designed to help people with type 2 diabetes who want to lose weight and manage their diabetes. The Nutrisystem programs are based on nearly 40 years of nutrition research and on the science of the low glycemic index. The Company's pre-packaged foods are sold directly to weight loss program participants primarily through the Internet and telephone (including the redemption of prepaid program cards), referred to as the direct channel, and through QVC, a television shopping network.

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

Presentation of Financial Statements

The Company's consolidated financial statements include 100% of the assets and liabilities of Nutrisystem, Inc. and its wholly owned subsidiaries. All significant intercompany accounts and transactions have been eliminated.

Interim Financial Statements

The Company's consolidated financial statements as of and for the three and nine months ended September 30, 2011 and 2010 are unaudited and, in the opinion of management, include all adjustments (consisting only of normal recurring adjustments) necessary for a fair presentation of the Company's financial position and results of operations for these interim periods. Accordingly, readers of these consolidated financial statements should refer to the Company's audited consolidated financial statements prepared in accordance with U.S. generally accepted accounting principles (GAAP), and the related notes thereto, for the year ended December 31, 2010, which are included in the Company's Annual Report on Form 10-K for the fiscal year ended December 31, 2010 as certain footnote disclosures normally included in financial statements prepared in accordance with GAAP have been condensed or omitted from this report pursuant to the rules of the Securities and Exchange Commission (the SEC). The results of operations for the three and nine months ended September 30, 2011 are not necessarily indicative of the results to be expected for the year ending December 31, 2011.

Cash Equivalents and Marketable Securities

Cash equivalents include only securities having a maturity of three months or less at the time of purchase. At September 30, 2011 and December 31, 2010, demand accounts and money market accounts comprised all of the Company's cash equivalents.

Marketable securities consisted of investments in a bond fund that held short-term U.S. government securities with original maturities of greater than three months. The Company classified these as available-for-sale securities. The marketable securities were reported at fair value with the related unrealized gains and losses included in accumulated other comprehensive loss, a component of stockholders' equity, net of related tax effects.

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At September 30, 2011, cash and cash equivalents consisted of the following:

	Cost	Gross Unrealized Gains	Gross Unrealized Losses	Fair Value
Cash	\$ 16,960	\$ 0	\$ 0	\$ 16,960
Money market account	55,255	0	0	55,255
	\$ 72,215	\$ 0	\$ 0	\$ 72,215

At December 31, 2010, cash, cash equivalents and marketable securities consisted of the following:

	Cost	Gross Unrealized Gains	Gross Unrealized Losses	Fair Value
Cash	\$ 15,283	\$ 0	\$ 0	\$ 15,283
Money market account	5,093	0	0	5,093
U.S. government bond fund	20,877	0	34	20,843
	\$ 41,253	\$ 0	\$ 34	\$ 41,219

Fixed Assets

Fixed assets are stated at cost. Depreciation is provided using the straight-line method over the estimated useful lives of the related assets, which are generally two to seven years. Leasehold improvements are amortized on a straight-line basis over the lesser of the estimated useful life of the asset or the related lease term. Expenditures for repairs and maintenance are charged to expense as incurred, while major renewals and improvements are capitalized.

Included in fixed assets is the capitalized cost of internal-use software and website development incurred during the application development stage. Capitalized costs are amortized using the straight-line method over the estimated useful life of the asset, which is generally two to five years. Costs incurred related to planning or maintenance of internal-use software and website development are charged to expense as incurred. The net book value of capitalized software was \$10,718 and \$12,845 at September 30, 2011 and December 31, 2010, respectively.

Revenue Recognition

Revenue from product sales is recognized when the earnings process is complete, which is upon transfer of title to the product. Recognition of revenue upon shipment meets the revenue recognition criteria in that persuasive evidence of an arrangement exists, delivery has occurred, the selling price is fixed and determinable and collection is reasonably assured. The Company also sells prepaid program cards to wholesalers and retailers. Revenue from these cards is recognized after the card is redeemed online at the Company's website by the customer and the product is shipped to the customer.

Deferred revenue consists primarily of unredeemed prepaid program cards and unshipped frozen foods. When a customer orders Nutrisystem® Select®, two separate shipments are delivered. The first shipment contains Nutrisystem's standard shelf-stable food. The second shipment contains the fresh-frozen foods and is generally delivered within two weeks of a customer's order. Both shipments qualify as separate units of accounting and the fair value is based on the estimated selling price of both units.

Customers may return unopened product within 30 days of purchase in order to receive a refund or credit. Fresh-frozen products are non-returnable and non-refundable unless the order is canceled within seven days of delivery. Estimated returns are accrued at the time the sale is recognized and actual returns are tracked monthly. The Company reviews its history of actual versus estimated returns to ensure reserves are appropriate.

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The Company reviews the reserves for customer returns at each reporting period and adjusts them to reflect data available at that time. To estimate reserves for returns, the Company considers actual return rates in preceding periods and changes in product offerings or marketing methods that might impact returns going forward. To the extent that the estimate of returns changes, the Company will adjust the reserve, which will impact the amount of product sales revenue recognized in the period of the adjustment. The provision for estimated returns for the three and nine months ended September 30, 2011 was \$2,593 and \$11,301, respectively, and \$5,009 and \$21,417, respectively, for the three and nine

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months ended September 30, 2010. The reserve for returns incurred but not received and processed was \$1,153 and \$1,009 at September 30, 2011 and December 31, 2010, respectively, and has been included in other accrued expenses and current liabilities in the accompanying consolidated balance sheets.

Revenue from product sales includes amounts billed for shipping and handling and is presented net of returns and billed sales tax. Revenue from shipping and handling charges were \$691 and \$2,498 for the three and nine months ended September 30, 2011, respectively, and \$1,424 and \$4,827 for the three and nine months ended September 30, 2010, respectively. Shipping-related costs are included in cost of revenue in the accompanying consolidated statements of operations.

Dependence on Suppliers

Approximately 16% and 13% of inventory purchases for the nine months ended September 30, 2011 were from two suppliers. The Company has supply arrangements with certain of these vendors that require the Company to make minimum purchases. For the nine months ended September 30, 2010, these vendors supplied approximately 18% and 19% of total purchases (see Note 6). Additionally, the Company is dependent on one frozen food supplier for less than 20% of its food costs for the nine months ended September 30, 2011. The amount provided from this supplier for the nine months ended September 30, 2010 was negligible. The Company has a supply agreement with this supplier that expires in November 2011 and the Company has found other frozen food supply options to replace this supplier.

For the nine months ended September 30, 2011 and 2010, the Company outsourced 100% of its fulfillment operations to a third party provider.

Vendor Rebates

One of the Company's suppliers provides for rebates based on purchasing levels. The Company accounts for this rebate on an accrual basis as purchases are made at a rebate percent determined based upon the estimated total purchases from the vendor. The estimated rebate is recorded as a reduction in the carrying value of purchased inventory and is reflected in the consolidated statements of operations when the associated inventory is sold. A receivable is recorded for the estimate of the rebate earned. The rebate period is June 1 through May 31 of each year. For the three and nine months ended September 30, 2011, the Company reduced cost of revenue by \$302 and \$1,177, respectively, for these rebates. For the comparable periods of 2010, cost of revenue was reduced by \$470 and \$1,708, respectively. A receivable of \$385 and \$541 at September 30, 2011 and December 31, 2010, respectively, has been recorded in receivables in the accompanying consolidated balance sheets. Historically, the actual rebate received from the vendor has closely matched the estimated rebate recorded. An adjustment is made to the estimate upon determination of the final rebate.

Fair Value of Financial Instruments

A three-tier fair value hierarchy has been established by the Financial Accounting Standards Board to prioritize the inputs used in measuring fair value. These tiers are as follows:

Level 1 Valuations based on quoted prices for identical assets and liabilities in active markets.

Level 2 Valuations based on observable inputs other than quoted prices included in Level 1, such as quoted prices for similar assets and liabilities in active markets, quoted prices for identical or similar assets and liabilities in markets that are not active, or other inputs that are observable or can be corroborated by observable market data.

Level 3 Valuations based on unobservable inputs reflecting the Company's own assumptions, consistent with reasonably available assumptions made by other market participants. These valuations require significant judgment.

The fair values of the Company's cash equivalents and marketable securities are based on quoted prices in active markets for identical assets. The fair values of the Company's derivative instruments are determined using pricing models that take into account contract terms and certain observable current market information such as the London Inter-Bank Offered Rate (LIBOR) interest rates.

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The following table summarizes the Company's financial assets and liabilities measured at fair value at September 30, 2011:

	Total Fair Value	Quoted Prices in Active Markets for Identical Assets (Level 1)	Significant Other Observable Inputs (Level 2)
Money market account	\$ 55,255	\$ 55,255	\$ 0
Interest rate swap	\$ (52)	\$ 0	\$ (52)

The following table summarizes the Company's financial assets and liabilities measured at fair value at December 31, 2010:

	Total Fair Value	Quoted Prices in Active Markets for Identical Assets (Level 1)	Significant Other Observable Inputs (Level 2)
Money market account	\$ 5,093	\$ 5,093	\$ 0
U.S. government bond fund	20,843	20,843	0
Total assets	\$ 25,936	\$ 25,936	\$ 0
Interest rate swap	\$ (44)	\$ 0	\$ (44)

Earnings Per Share

The Company uses the two-class method to calculate earnings per share (EPS) as the unvested restricted stock issued under the Company's equity incentive plans are participating shares with nonforfeitable rights to dividends. Under the two-class method, earnings per common share are computed by dividing the sum of distributed earnings to common stockholders and undistributed earnings allocated to common stockholders by the weighted average number of common shares outstanding for the period. In applying the two-class method, undistributed earnings are allocated to both common shares and participating securities based on the number of weighted average shares outstanding during the period.

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The following table sets forth the computation of basic and diluted EPS:

	Three Months Ended September 30, 2011 2010		Nine Months Ended September 30, 2011 2010	
	(in thousands, except per share amounts)			
Income from continuing operations	\$ 6,068	\$ 9,221	\$ 13,411	\$ 26,800
Income allocated to unvested restricted stock	(225)	(472)	(460)	(1,292)
Income from continuing operations allocated to common shares	5,843	8,749	12,951	25,508
Loss on discontinued operation allocated to common shares	0	(63)	0	(241)
Net income allocated to common shares	\$ 5,843	\$ 8,686	\$ 12,951	\$ 25,267
Weighted average shares outstanding:				
Basic	27,092	27,106	26,948	28,835
Effect of dilutive securities	243	399	324	370
Diluted	27,335	27,505	27,272	29,205
Basic income per common share:				
Income from continuing operations	\$ 0.22	\$ 0.32	\$ 0.48	\$ 0.89
Loss from discontinued operation	0	0	0	(0.01)
Net income	\$ 0.22	\$ 0.32	\$ 0.48	\$ 0.88
Diluted income per common share:				
Income from continuing operations	\$ 0.21	\$ 0.32	\$ 0.47	\$ 0.87
Loss from discontinued operation	0	0	0	0
Net income	\$ 0.21	\$ 0.32	\$ 0.47	\$ 0.87

In the three and nine months ended September 30, 2011, common stock equivalents from stock options and unvested restricted stock representing 979,563 and 610,168 shares of common stock, respectively, were excluded from weighted average shares outstanding for diluted income per share purposes because the effect would be anti-dilutive. In the comparable periods of 2010, common stock equivalents from stock options and unvested restricted stock representing 180,801 and 164,885 shares of common stock, respectively, were excluded from weighted average shares outstanding for diluted income per share purposes because the effect would be anti-dilutive.

Cash Flow Information

The Company made payments for income taxes of \$1,549 and \$13,945 in the nine months ended September 30, 2011 and 2010, respectively. Interest payments in the nine months ended September 30, 2011 and 2010 were \$487 and \$226, respectively. For the nine months ended September 30, 2011, the Company had non-cash capital additions of \$700 of unpaid invoices. For the nine months ended September 30, 2010, the Company had non-cash capital additions of \$4,077 for a tenant improvement allowance.

Recently Issued Accounting Pronouncements

Accounting Standards Update No. 2011-05 Comprehensive Income (Topic 220): Presentation of Comprehensive Income (ASU No. 2011-05) amends existing guidance by allowing only two options for presenting the components of net income and other comprehensive income: (1) in a single continuous financial statement, statement of comprehensive income or (2) in two separate but consecutive financial statements, consisting of an income statement followed by a separate statement of other comprehensive income. Also, items that are reclassified from other

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comprehensive income to net income must be presented on the face of the financial statements. ASU No. 2011-05 requires retrospective application, and it is effective for fiscal years, and interim periods within those years, beginning after December 15, 2011, with early adoption permitted. The Company believes the adoption of this update will change the order in which certain financial statements are presented and provide additional detail on those financial statements when applicable, but will not have any other impact on its consolidated financial position or results of operations.

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Use of Estimates

The preparation of consolidated financial statements in accordance with U.S. GAAP requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities at the date of the financial statements and the reported amounts of revenue and operating expenses during the reporting period. Actual results could differ from these estimates.

3. CREDIT FACILITY AND INTEREST RATE SWAPS

On October 2, 2007, the Company executed a credit agreement with a group of lenders that provides for a \$200,000 unsecured revolving credit facility with an expansion feature, subject to certain conditions, to increase the facility to \$300,000 (the Credit Facility). As of September 30, 2011, the Company had \$30,000 in borrowings outstanding under the Credit Facility at a weighted average interest rate of 1.09%.

The Credit Facility provides for interest at either a floating rate, which will be a base rate, or a Eurocurrency rate equal to the LIBOR for the relevant term, plus an applicable margin. The base rate will be the higher of the lenders' base rate or one-half of one percent above the Federal Funds Rate. The Credit Facility is also subject to 0.15% per annum unused fee payable quarterly. During the three and nine months ended September 30, 2011, the Company incurred \$91 and \$299 in interest, respectively, and \$76 and \$210 in unused line fees, respectively. In the comparable periods of 2010, the Company incurred \$21 and \$21 in interest payments and \$74 and \$226 in unused line fees, respectively. Interest payments and unused line fees are classified as interest (expense) income, net in the accompanying consolidated statements of operations.

The Credit Facility contains financial and other covenants, including a maximum leverage ratio and minimum interest coverage ratio, and includes limitations on, among other things, liens, certain acquisitions, consolidations and sales of assets. The Company may declare and pay cash dividends up to specified amounts if certain ratios are maintained and no events of default have occurred. As of September 30, 2011, the Company was in compliance with all covenants contained in the Credit Facility.

At September 30, 2011, the Company had \$163 of unamortized debt issuance costs associated with the Credit Facility that are being amortized over the remaining term of the Credit Facility. The amount of unused Credit Facility at September 30, 2011 was \$170,000. The Credit Facility can be drawn upon through October 2, 2012, at which time all amounts must be repaid.

The Company uses interest rate swaps, a type of derivative financial instrument, to manage interest costs and minimize the effects of interest rate fluctuations on cash flows associated with its variable-rate debt. The Company does not use interest rate derivatives for trading or speculative purposes. While interest rate swaps are subject to fluctuations in value, these fluctuations are generally offset by the value of the underlying exposures being hedged. The Company minimizes the risk of credit loss by entering into these agreements with financial institutions that have high credit ratings.

In November 2010, the Company entered into two separate \$10,000 notional value floating to fixed interest rate swap agreements (Swaps) that mature on August 3, 2012 and September 28, 2012, respectively. Under the Swaps, the Company receives interest equivalent to the three-month LIBOR and pays a fixed rate of interest of 0.75%, with settlements occurring quarterly. The objective of the hedges is to eliminate the variability of cash flows in interest payments for \$20,000 of floating rate debt. The Swaps' estimated fair value was \$(52) and \$(44) as of September 30, 2011 and December 31, 2010, respectively, and is included in non-current liabilities, net of tax in the accompanying consolidated balance sheets. The corresponding change in fair value is included in accumulated other comprehensive loss in the accompanying consolidated balance sheets. There was no cash flow hedge ineffectiveness recorded during the three and nine months ended September 30, 2011.

4. CAPITAL STOCK

Common Stock

The Company issued 20,001 and 52,593 shares of common stock in the nine months ended September 30, 2011 and 2010, respectively, upon the exercise of stock options and received proceeds of \$128 and \$119, respectively. During the nine months ended September 30, 2011 and 2010, employees surrendered to the Company 141,918 and 116,461 shares of common stock, respectively, valued at \$1,856 and \$2,703, respectively for payment of the minimum tax withholding.

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obligations. Also, in the nine months ended September 30, 2011 and 2010, the Company issued 37,648 and 27,409 shares of common stock, respectively, as compensation to members of our Board of Directors and spokespersons. These shares were fully vested at the time of grant. Costs recognized for these stock grants were \$466 and \$466 for the nine months ended September 30, 2011 and 2010, respectively. The fair value of the common stock issued in 2011 to members of our Board of Directors and spokespersons was \$580. During each quarter of 2011 and 2010, the Company paid a dividend of \$0.175 per share to all stockholders of record.

On July 28, 2011, the Company announced that its Board of Directors had authorized a new stock repurchase program of up to \$150,000 of the Company's outstanding shares of common stock in open-market transactions on the NASDAQ National Market or through privately negotiated transactions, including block transactions. The timing and actual number of shares repurchased depend on a variety of factors including price, corporate and regulatory requirements, alternative investment opportunities and other market conditions. This stock repurchase program has an expiration date of June 30, 2013 but may be limited or terminated at any time by the Board of Directors without prior notice. No shares of common stock were repurchased during the three or nine months ended September 30, 2011.

Under previously authorized stock repurchase plans, the Company purchased and retired 3,270,429 shares of common stock for an aggregate cost of \$74,997 during the nine months ended September 30, 2010.

Preferred Stock

The Company has authorized 5,000,000 shares of preferred stock issuable in series upon resolution of the Board of Directors. Unless otherwise required by law, the Board of Directors can, without stockholder approval, issue preferred stock in the future with voting and conversion rights that could adversely affect the voting power of the common stock. The issuance of preferred stock may have the effect of delaying, averting or preventing a change in control of the Company.

5. SHARE-BASED COMPENSATION EXPENSE

The following table summarizes the options granted, exercised and cancelled during the nine months ended September 30, 2011:

	Number of Shares	Weighted- Average Exercise Price Per Share	Weighted- Average Remaining Contractual Life (years)	Aggregate Intrinsic Value
Outstanding, January 1, 2011	52,833	\$ 12.10		
Granted	327,280	14.37		
Exercised	(20,001)	6.38		
Forfeited	(10,700)	21.97		
Outstanding, September 30, 2011	349,412	\$ 14.25	9.34	\$ 145
Exercisable, September 30, 2011	22,132	\$ 12.50	2.45	\$ 145
Expected to vest at September 30, 2011	345,551	\$ 14.25	9.34	\$ 145

The Company recorded compensation expense of \$60 in the accompanying consolidated statements of operations for both the three and nine months ended September 30, 2011 in connection with the issuance of stock options. In 2010, the Company did not record any compensation charges for stock option awards as all outstanding awards were fully vested. The total intrinsic value of stock options exercised during the three and nine months ended September 30, 2011 was \$0 and \$144, respectively, and \$107 and \$957, respectively, for the comparable periods of 2010.

The Company has issued restricted stock to employees generally with vesting terms ranging from three to five years. The fair value is equal to the market price of the Company's common stock on the date of grant. Expense for restricted stock is amortized ratably over the vesting period. The following table summarizes the restricted stock activity for the nine months ended September 30, 2011:

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	Number of Shares	Weighted- Average Grant-Date Fair Value
Nonvested, January 1, 2011	1,310,818	\$ 19.52
Granted	225,685	14.27
Vested	(473,182)	22.74
Forfeited	(225,478)	16.99
Nonvested, September 30, 2011	837,843	\$ 16.97

Additionally, the Company grants restricted stock units. The restricted stock units granted during 2011 and 2010 were primarily performance-based units. The performance-based units will be settled in shares of common stock upon the Company's achievement of specific performance goals over a specified performance period and the continued employment of the grantee until March 2013. The level of achievement of such goals may cause the actual amount of units that ultimately vest to range from 0% to 200% of the original units granted. The Company recognizes expense for performance-based restricted stock units when it is probable that the performance criteria specified will be achieved. The fair value is equal to the market price of the Company's common stock on the date of grant. Expense is amortized ratably over the vesting period. The following table summarizes the restricted stock unit activity for the nine months ended September 30, 2011:

	Number of Restricted Stock Units	Weighted- Average Grant-Date Fair Value
Nonvested, January 1, 2011	56,164	\$ 17.35
Granted	54,999	14.49
Vested	0	0
Forfeited	(23,806)	16.37
Nonvested, September 30, 2011	87,357	\$ 15.82

The Company recorded compensation expense of \$1,901 and \$6,976, in the accompanying consolidated statements of operations for the three and nine months ended September 30, 2011, respectively, and \$2,595 and \$7,663 for the three and nine months ended September 30, 2010, respectively, in connection with the issuance of the restricted stock and restricted stock units.

As of September 30, 2011, there was \$12,378 of total unrecognized compensation expense related to unvested share-based compensation arrangements, which is expected to be recognized over a weighted-average period of 1.4 years. The total unrecognized compensation expense will be fully expensed through the third quarter of 2015.

6. COMMITMENTS AND CONTINGENCIES**Litigation**

Commencing on October 9, 2007, several putative class action suits were filed in the United States District Court for the Eastern District of Pennsylvania naming Nutrisystem, Inc. and certain of its officers and directors as defendants and alleging violations of Sections 10(b) and 20(a) of the Securities Exchange Act of 1934. The complaints purported to bring claims on behalf of a class of persons who purchased the Company's common stock between February 14, 2007 and October 3, 2007 or October 4, 2007. The complaints alleged that the defendants issued various materially false and misleading statements relating to the Company's projected performance that had the effect of artificially inflating the market price of its securities. These actions were consolidated in December 2007 under docket number 07-4215, and a consolidated amended complaint was filed on March 7, 2008 that raised the same claims but alleged a class period of February 14, 2007 through February 19, 2008. The consolidated amended complaint asked the court to (1) certify a class, (2) award compensatory damages, reasonable costs and expenses and (3) grant such other and further relief as the court deemed just and proper. The defendants filed a motion to dismiss on May 6, 2008 that was granted by the Court on August 31, 2009. On September 29, 2009, plaintiff filed a notice of appeal, and on May 19, 2010, upon motion by the plaintiff/appellant, the appeal was dismissed with prejudice without costs to either party. The dismissal is final.

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On April 27, 2010, counsel for a stockholder sent a letter relating to the same events that formed the bases of the federal putative class action described above. Specifically, the stockholder has demanded, pursuant to Delaware Chancery Court

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Rule 23.1, that the Board of Directors (1) undertake (or cause to be undertaken) an independent internal investigation into violations of Delaware law committed by Company management during the time periods described above and (2) commence a civil action against each member of management to recover for the benefit of the Company the amount of damages sustained by the Company as a result of their breaches of fiduciary duties described above. The Board of Directors appointed a special committee consisting of three independent directors to investigate this demand. The special committee engaged independent legal counsel to assist it in this investigation. In April 2011, the special committee, with the assistance of independent legal counsel, completed its investigation and delivered to the Board of Directors the special committee's recommendation that the Company refuse the demands made in the stockholder's letter. At its April 2011 meeting, the Board of Directors, after deliberation and discussion, unanimously determined to accept the special committee's recommendation as in the best interests of the Company and its stockholders. Promptly thereafter, the special committee's counsel delivered to the stockholder's counsel a letter informing counsel of the Board of Directors' actions and the Company's decision to refuse the stockholder's demands. In May 2011, the stockholder's counsel sent a letter to the Company's counsel demanding to inspect and make copies of certain specified books, records, minutes and other documents of the Company for the purposes set forth in such letter. Without waiving any of its rights to challenge the propriety of such purposes under Delaware law, in early June 2011, the Company delivered to the stockholder's counsel copies of certain minutes of the Board of Directors and the special committee according to the terms of a confidentiality agreement that the Company and the stockholder had executed. The Company has not received any further correspondence or communications from the stockholder or his counsel since that time.

On August 5, 2011, a lawsuit was filed by a stockholder in the United States District Court for the Eastern District of Pennsylvania naming Nutrisystem, Inc., certain of its officers and directors, and one of its former officers as defendants and alleging breaches by defendants of their fiduciary duties of candor, good faith and loyalty, unjust enrichment, and aiding and abetting from 2010 to the present in connection with the award of excessive and unwarranted 2010 executive compensation. Plaintiff specifically claims the action to be a failed say-on-pay shareholder derivative action stemming from the advisory, non-binding vote of the Company's stockholders at its May 12, 2011 annual meeting in which the Company's stockholders did not approve the Company's 2010 executive compensation. The complaint is listed under docket number 2:11-cv-05036-PD and specifically alleges that (1) the defendants breached their fiduciary duties in connection with the issuance of certain false and misleading statements; (2) the defendants breached their fiduciary duties in connection with the Board of Directors' compensation practices; (3) the defendants breached their fiduciary duties in connection with the Company's failure to respond to the negative say-on-pay vote; and (4) as a result of the foregoing the defendants were unjustly enriched at the expense of the Company. Accordingly, the complaint asks the court to (1) award judgment against the defendants and in favor of the Company for an unspecified amount of damages sustained by the Company as a result of defendants' violation of state law, (2) grant extraordinary equitable and/or injunctive relief as necessary or permitted by law, equity and the statutory provisions cited in the complaint, including disgorgement, attachment, impoundment, imposition of a constructive trust on or otherwise restricting the disposition/exercise of improvidently awarded executive compensation based upon false financial reporting and/or the proceeds of defendants' trading activities or their other assets so as to ensure that plaintiff on behalf of the Company has an effective remedy; (3) order the implementation and administration of internal controls and systems at the Company designed to prohibit and prevent excessive and/or unwarranted executive compensation payments to the Company's chief executive, chief financial, and other senior executive officers; (4) award to plaintiff the costs and disbursements of the action, including reasonable attorneys' fees, and accountants' and expert fees, costs and expenses; and (5) grant such other and further relief as the court deems just and proper. On October 21, 2011 the defendants filed a motion to dismiss the complaint pursuant to Rules 12(b)(6) and 23.1 of the Federal Rules of Civil Procedure for failure to state a claim upon which relief can be granted and for failure to adequately plead demand futility. The Company believes that the claims are without merit and intends to defend the litigation vigorously.

On September 1, 2011, a lawsuit was filed by another stockholder in the Court of Common Pleas of Montgomery County, Pennsylvania naming Nutrisystem, Inc., certain of its officers and directors, and one of its former officers as defendants and alleging breaches by defendants of their fiduciary duties of candor, good faith and loyalty, unjust enrichment, and aiding and abetting from 2010 to the present in connection with the award of excessive and unwarranted 2010 executive compensation. This action stems from the same failed say-on-pay advisory, non-binding vote of the Company's stockholders at its May 12, 2011 annual meeting in which the Company's stockholders did not approve the Company's 2010 executive compensation. The complaint is listed under docket number 2011-24985 and specifically alleges that (1) the defendants breached their fiduciary duties in connection with the issuance of certain materially false and misleading statements and omissions of fact; (2) the defendants breached their fiduciary duties in connection with the Company's excessive 2010 executive compensation and the failure to rescind such compensation in response to the negative say-on-pay vote; and (3) as a result of the foregoing the defendants were unjustly enriched at the expense of the Company. Accordingly, the complaint asks the court to (1) determine that the action is a proper derivative action maintainable under the law and that demand is excused; (2) award judgment against the defendants and in favor of the Company for an unspecified amount of damages sustained by the Company as a result of defendants' breaches of fiduciary duties; (3) grant injunctive and other equitable relief as necessary or permitted by law, equity and the statutory provisions cited in the complaint, including disgorgement, attachment, impoundment, imposition of a constructive trust on or otherwise restricting the disposition/exercise of disloyally awarded executive compensation; (4) direct the Company to take all necessary actions to reform and improve its corporate governance and internal procedures to comply

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with all applicable laws and to protect the Company and its stockholders from a repeat of the damaging events described in the Complaint; (5) award to plaintiff the costs and disbursements of the action, including reasonable allowance of fees and costs for plaintiff's attorneys, experts and accountants; and (6) grant such other and further relief as the court deems just and proper. The Company believes that the claims are without merit and intends to defend the litigation vigorously.

The Company is also involved in other various claims and routine litigation matters. In the opinion of management, after consultation with legal counsel, the outcomes of such matters are not anticipated to have a material adverse effect on the Company's consolidated financial position, results of operations or cash flows in future years.

Contractual Commitments

The Company has entered into supply agreements with various food vendors. The majority of these agreements provide for annual pricing and annual purchase obligations, as well as exclusivity in the production of certain products, with terms of five years or less. One agreement also provides rebates if certain volume thresholds are exceeded. In 2010, a new pricing and food purchase agreement with a food supplier was executed which requires advance payments to the supplier. As of September 30, 2011 and December 31, 2010, advances were \$593 and \$15,240, respectively. The Company anticipates it will meet all annual purchase obligations in 2011.

7. INCOME TAXES

The Company recorded income taxes at an estimated effective income tax rate applied to income before income taxes of 36.7% and 36.5% in the three and nine months ended September 30, 2011, respectively, as compared to 33.7% and 35.9% in the corresponding periods of 2010. The Company offsets taxable income for state tax purposes with net operating loss carryforwards. At December 31, 2010, the Company had net operating loss carryforwards of approximately \$13,716 for state tax purposes. For state tax purposes, there is a limitation on the amount of net operating loss carryforwards that can be utilized in a given year to offset state taxable income and management believes that some of the net operating loss carryforwards will be subject to this annual limit in 2011. State net operating losses will begin to expire in 2020. The total amount of gross unrecognized tax benefits as of September 30, 2011 and December 31, 2010 was \$2,497 and \$2,478, respectively. The total amount of unrecognized tax benefits that, if recognized, would affect the effective income tax rate is approximately \$1,623 and \$1,611 for the same respective periods.

Based on the projected level of future taxable income over the periods in which the deferred tax assets are deductible, management believes it is more likely than not that the Company will realize the net deferred tax assets.

8. DISCONTINUED OPERATION

In the first quarter of 2010, the Company committed to a plan to sell the business operations conducted by NuKitchen, as it was no longer aligned with the business direction of the Company. The Company was unsuccessful in locating a buyer for the NuKitchen business and, therefore, it closed the business during the three months ended September 30, 2010. NuKitchen has been treated as a discontinued operation. Accordingly, the operating results of this discontinued operation have been presented separately from continuing operations for 2010. NuKitchen had revenues of \$302 and \$1,708 and pre-tax losses of \$526 and \$825 for the three and nine months ended September 30, 2010, respectively.

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Item 2. Management's Discussion and Analysis of Financial Condition and Results of Operations

Except for the historical information contained herein, this Report on Form 10-Q contains certain forward-looking statements within the meaning of Section 27A of the Securities Act of 1933 and Section 21E of the Securities Exchange Act of 1934 that involve substantial risks and uncertainties. Words such as may, should, could, would, expect, plan, anticipate, believe, estimate, predict, continue, or similar words are intended to identify forward-looking statements, although not all forward-looking statements contain these words. Our actual results, performance or achievements could differ materially from the results expressed in, or implied by, these forward-looking statements. Factors that could cause or contribute to such differences include those set forth in Item 1A Risk Factors as disclosed in our Form 10-K filed on March 7, 2011 with the SEC. Accordingly, there is no assurance that the results in the forward-looking statements will be achieved. As used in this document, unless the context otherwise indicates, the terms we, us, our, the Company, and Nutrisystem mean Nutrisystem, Inc. and its consolidated subsidiaries.

The following discussion should be read in conjunction with the financial information included elsewhere in this Report on Form 10-Q.

Background

We provide weight management products and services and offer nutritionally balanced weight loss programs designed for women, men, and seniors, as well as the Nutrisystem® D® program, specifically designed to help people with type 2 diabetes who want to lose weight and manage their diabetes. The Nutrisystem programs are based on nearly 40 years of nutrition research and on the science of the low Glycemic Index. Our pre-packaged foods are sold directly to weight loss program participants primarily through the Internet and telephone (including the redemption of prepaid program cards), referred to as the direct channel, and through QVC, a television shopping network. Approximately 80% of our order volumes are processed through the Internet.

Revenue consists primarily of food sales. For both the nine months ended September 30, 2011 and 2010, the direct channel accounted for 96% of total revenue compared to 4% for QVC. We incur significant marketing expenditures to support our brand as we continue to advertise across various media channels. New media channels are tested on a continual basis and we consider our media mix to be diverse. We market our weight management system through television, print, direct mail, Internet and public relations. We review and analyze a number of key operating and financial metrics to manage our business, including the number of new customers, revenue per customer, total revenues, marketing per new customer, operating margins and reactivation revenue.

Our mix of revenue can be divided into three categories. First, new customer revenue is all revenue within a quarter from customers joining within that quarter. New customer revenue is the main driver of revenue growth. Second, on-program revenue is all revenue from customers who joined in previous quarters but who are still within their first nine months on the program. Third, reactivation revenue is all revenue generated from customers who are more than nine months from their initial purchase.

Over the past several years, our financial performance has been adversely impacted by a number of factors, including the economic downturn and declines in consumers' discretionary spending. We believe these factors have primarily driven the decline in the number of new customer starts which in turn began to hamper reactivation revenue during 2010. We are continuing to see a challenging environment in 2011. Our plan for 2011, a year that we expected to be challenging from a revenue standpoint, was to optimize our business model to maximize profitability and cash flow, strengthen our balance sheet, return cash to stockholders, and invest in growth initiatives for 2012 and beyond. We experienced significantly reduced sales below the comparable 2010 period throughout the month of January. Our 2011 diet season launch was ineffective in light of intense competitive activity, bargain-focused consumer behavior and weak promotional offerings. To increase sales effectiveness we re-launched our Rollback pricing strategy, which increased sales traction in the months of February and March but had a negative impact on gross margins offset by increased marketing efficiency. Similarly, the second and third quarters of 2011 were hampered by weak promotional offerings and economic concerns. We again reacted with discounted sales promotions thus reducing average selling prices and gross margins partially offset by increased marketing efficiency. Additionally, we incurred severance and other related charges of \$2.7 million during the first quarter of 2011, which we expect to be more than offset by reductions in general and administrative expenses throughout the remainder of 2011. We anticipate increased spending on marketing during the fourth quarter of 2011 to support our growth initiatives for 2012.

Our eCommerce, direct-to-consumer business model provides flexibility which allows us to manage marketing

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spend according to customer demand. We believe this flexibility is especially valuable due to the current instability in general economic conditions. Additionally, we initiated a concerted effort to improve lifetime customer economics, length of stay, and overall customer satisfaction and are continuously redesigning our eCommerce platform and website. Our product offerings have expanded to include fresh-frozen foods, and we entered into the retail channel and introduced the Nutrisystem® D® program during the last several years. Further, we have taken steps to reduce our overall operating costs.

In late December 2010, we announced that we were incorporating our fresh-frozen foods into most of our weight loss plans and offering these plans at our lowest prices since 2003. Additionally, we have assembled a Culinary Council of industry leading chefs from around the U.S. to act as an advisory board to guide us in developing the best tasting and most desirable foods and menus going forward. We believe our customers want great tasting, high quality foods at a low price with the ability to personalize and sustain weight loss and we believe these steps will aid in reaching these goals.

Critical Accounting Policies and Estimates

Our consolidated financial statements are prepared in accordance with U.S. generally accepted accounting principles. Our significant accounting policies are described in Item 7 and Note 2 of the consolidated financial statements included in Item 8 of our Form 10-K for the year ended December 31, 2010.

The preparation of these financial statements requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities, the disclosure of contingent assets and liabilities at the date of the financial statements and the reported amounts of revenue and expenses during the reporting period. Management develops, and changes periodically, these estimates and assumptions based on historical experience and on various other factors that are believed to be reasonable under the circumstances. Actual results may differ from these estimates under different assumptions or conditions. The accounting estimates we consider critical include reserves for returns, excess and obsolete inventory and income taxes. These critical accounting estimates are discussed with our audit committee quarterly.

During the nine months ended September 30, 2011, we did not make any material change to our critical accounting policies.

Results of Operations

Revenue and expenses consist of the following components:

Revenue. Revenue consists primarily of food sales. Food sales include sales of food, supplements, shipping and handling charges billed to customers, net of sales credits and adjustments, including product returns. No revenue is recorded for food products provided at no charge as part of promotions.

Cost of Revenue. Cost of revenue consists primarily of the cost of the products sold, including compensation related to fulfillment, the costs of outside fulfillment, incoming and outgoing shipping costs, charge card fees and packing material. Cost of products sold includes products provided at no charge as part of promotions and the non-food materials provided with customer orders.

Marketing Expense. Marketing expense includes media, advertising production, marketing and promotional expenses and payroll-related expenses for personnel engaged in these activities. Internet advertising expense is recorded based on either the rate of delivery of a guaranteed number of impressions over the advertising contract term or on a cost per customer acquired, depending upon the terms. Direct-mail advertising costs are capitalized if the primary purpose was to elicit sales to customers who could be shown to have responded specifically to the advertising and results in probable future economic benefits. The capitalized costs are amortized to expense over the period during which the future benefits are expected to be received. All other advertising costs are charged to expense as incurred.

General and Administrative Expense. General and administrative expense consists of compensation for administrative, information technology, counselors, customer service and sales personnel, share-based payment arrangements, facility expenses, website development costs, professional service fees and other general corporate expenses.

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Interest (Expense) Income, Net. Interest (expense) income, net consists of the net amount of interest income earned on cash and cash equivalents and marketable securities and interest incurred on borrowings under our credit facility.

Income Taxes. We are subject to corporate level income taxes and record a provision for income taxes based on an estimated effective income tax rate for the year.

Loss on Discontinued Operation, Net. We ceased the operations of our subsidiary NuKitchen in 2010. Accordingly, the operating results of this discontinued operation have been presented separately from continuing operations for all periods presented.

Overview of the Direct Channel

In the nine months ended September 30, 2011 and 2010, the direct channel represented 96% of our revenue. Revenues through the direct channel were \$83.0 million and \$320.7 million in the three and nine months ended September 30, 2011, respectively, compared to \$117.4 million and \$404.4 million, respectively, in the comparable periods of 2010. Revenue is primarily generated through customer starts, reactivation of former customers and the customer ordering behavior, including length of time on our program and the diet program selection. The decrease in 2011 is primarily attributable to a decline in new customers, on-program revenue and reactivation revenue. Critical to increasing customer starts is our ability to deploy marketing dollars while maintaining marketing effectiveness. Factors influencing our marketing effectiveness include the quality of the advertisements, promotional activity by our competitors, as well as the price and availability of appropriate media.

Table of Contents**Three Months Ended September 30, 2011 Compared to Three Months Ended September 30, 2010**

	2011	Three Months Ended September 30, 2010 (in thousands)	\$ Change	% Change
REVENUE	\$ 85,643	\$ 121,189	\$ (35,546)	(29)%
COSTS AND EXPENSES:				
Cost of revenue	41,257	52,654	(11,397)	(22)%
Marketing	20,279	33,349	(13,070)	(39)%
General and administrative	11,502	18,114	(6,612)	(37)%
Depreciation and amortization	2,961	3,133	(172)	(5)%
Total costs and expenses	75,999	107,250	(31,251)	(29)%
Operating income from continuing operations	9,644	13,939	(4,295)	(31)%
OTHER INCOME	0	3	(3)	(100)%
INTEREST EXPENSE, net	(52)	(31)	21	68%
Income from continuing operations before income taxes	9,592	13,911	(4,319)	(31)%
INCOME TAXES	3,524	4,690	(1,166)	(25)%
Income from continuing operations	6,068	9,221	(3,153)	(34)%
LOSS ON DISCONTINUED OPERATION, net	0	(66)	66	100%
Net income	\$ 6,068	\$ 9,155	\$ (3,087)	(34)%
<u>% of revenue</u>				
Gross margin	51.8%	56.6%		
Marketing	23.7%	27.5%		
General and administrative	13.4%	14.9%		
Operating income from continuing operations	11.3%	11.5%		

Revenue. Revenue decreased to \$85.6 million in the third quarter of 2011 from \$121.2 million for the third quarter of 2010. The revenue decline occurred across all of our sales channels due to discounted promotional offerings which led to lower average selling prices, decreased reactivation revenue and fewer customer starts and on-program customers. In the third quarter of 2011 and 2010, the direct channel accounted for 97% of total revenue compared to 3% for QVC.

Costs and Expenses. Cost of revenue decreased to \$41.3 million in the third quarter of 2011 from \$52.7 million in the third quarter of 2010. Gross margin as a percent of revenue decreased to 51.8% in the third quarter of 2011 from 56.6% for the third quarter of 2010. The decrease in gross margin was primarily attributable to our promotional pricing.

Marketing expense decreased to \$20.3 million in the third quarter of 2011 from \$33.3 million in the third quarter of 2010. Marketing expense as a percent of revenue decreased to 23.7% in the third quarter of 2011 from 27.5% for the third quarter of 2010. We reduced the spending for advertising media but increased our promotional incentives to increase demand and leverage marketing efficiency. Substantially all marketing spending during the third quarter of 2011 promoted the direct business. The decrease in marketing is primarily attributable to decreased spending for advertising media (\$13.9 million), public relations and consulting (\$517,000), and compensation and benefits (\$338,000). These decreases were partially offset by an increase in television production (\$1.5 million). In total, media spending was \$15.9 million in the third quarter of 2011 and \$29.8 million in the third quarter of 2010.

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General and administrative expense decreased to \$11.5 million in the third quarter of 2011 compared to \$18.1 million in the third quarter of 2010. General and administrative expense as a percent of revenue decreased to 13.4% in

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the third quarter of 2011 from 14.9% for the third quarter of 2010. The decrease in spending is primarily attributable to lower compensation including the reversal of previously accrued bonus expense, benefits and temporary help (\$4.2 million), decreased facilities expense (\$944,000), decreased non-cash expense for share-based payment arrangements (\$634,000) and decreased professional, outside and computer services expenses (\$588,000). We implemented a series of measures during the first quarter of 2011 that resulted in reductions in our general and administrative expenses and we expect these reductions to continue throughout the remainder of 2011.

Depreciation and amortization expense decreased to \$3.0 million in the third quarter of 2011 compared to \$3.1 million in the third quarter of 2010.

Interest Expense, Net. Interest expense, net, was \$52,000 in the third quarter of 2011 compared to \$31,000 in the third quarter of 2010 due to increased borrowings outstanding under our credit facility during the three months ended September 30, 2011 as compared to the comparable period of 2010.

Income Taxes. In the third quarter of 2011, we recorded an income tax expense of \$3.5 million, which reflects a quarterly effective income tax rate of 36.7%. In the comparable period of 2010, we recorded expense of \$4.7 million which reflected a quarterly effective income tax rate of 33.7% primarily due to state income tax benefits and permanent items.

Table of Contents**Nine Months Ended September 30, 2011 Compared to Nine Months Ended September 30, 2010**

	2011	Nine Months Ended September 30, 2010 (in thousands)	\$ Change	% Change
REVENUE	\$ 334,444	\$ 421,653	\$ (87,209)	(21)%
COSTS AND EXPENSES:				
Cost of revenue	162,711	186,585	(23,874)	(13)%
Marketing	92,833	127,177	(34,344)	(27)%
General and administrative	48,186	57,031	(8,845)	(16)%
Depreciation and amortization	9,186	9,064	122	1%
Total costs and expenses	312,916	379,857	(66,941)	(18)%
Operating income from continuing operations	21,528	41,796	(20,268)	(48)%
OTHER EXPENSE	0	(32)	32	100%
INTEREST (EXPENSE) INCOME, net	(408)	73	(481)	(659)%
Income from continuing operations before income taxes	21,120	41,837	(20,717)	(50)%
INCOME TAXES	7,709	15,037	(7,328)	(49)%
Income from continuing operations	13,411	26,800	(13,389)	(50)%
LOSS ON DISCONTINUED OPERATION, net	0	(253)	253	100%
Net income	\$ 13,411	\$ 26,547	\$ (13,136)	(49)%
<u>% of revenue</u>				
Gross margin	51.3%	55.7%		
Marketing	27.8%	30.2%		
General and administrative	14.4%	13.5%		
Operating income from continuing operations	6.4%	9.9%		

Revenue. Revenue decreased to \$334.4 million in the nine months ended September 30, 2011 from \$421.7 million in the comparable period of 2010. The revenue decline occurred across all of our sales channels due to bargain-focused consumer behavior and the discounted promotional offerings which have led to lower average selling prices and fewer customer starts and on-program customers. In the nine months ended September 30, 2011 and 2010, the direct channel accounted for 96% of total revenue compared to 4% for QVC.

Costs and Expenses. Cost of revenue decreased to \$162.7 million in the nine months ended September 30, 2011 from \$186.6 million in the comparable period of 2010. Gross margin as a percent of revenue decreased to 51.3% in the nine months ended September 30, 2011 from 55.7% for the comparable period of 2010. The decrease in gross margin was primarily attributable to our promotional pricing and the introduction of our frozen foods, which have higher costs, into most of our weight loss programs during the first quarter of 2011.

Marketing expense decreased to \$92.8 million in the nine months ended September 30, 2011 from \$127.2 million in the comparable period of 2010. Marketing expense as a percent of revenue decreased to 27.8% in the nine months ended September 30, 2011 from 30.2% for the comparable period of 2010. During the beginning of the first quarter of 2011, we experienced significant pressures on response and conversion rates across all sales channels causing a decrease in new customers and directly impacting our marketing efficiency. As a result, we reduced the spending for advertising media but increased our promotional incentives to increase demand and leverage marketing efficiency. Substantially all marketing spending during the nine months ended September 30, 2011 promoted the direct business. The decrease in marketing is primarily

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attributable to decreased spending for advertising media (\$34.0 million) and public relations and consulting (\$1.7 million). These decreases were partially offset by increased television production

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(\$1.6 million). In total, media spending was \$78.6 million in the nine months ended September 30, 2011 and \$112.6 million in the comparable period of 2010.

General and administrative expense decreased to \$48.2 million in the nine months ended September 30, 2011 compared to \$57.0 million in the comparable period of 2010. The decrease in spending is primarily attributable to lower compensation, benefits and temporary help (\$5.1 million), decreased professional and outside computer services (\$1.6 million), lower facilities expense (\$987,000) and decreased non-cash expense for share-based payment arrangements (\$627,000). We implemented a series of measures during the first quarter of 2011 that resulted in reductions in our general and administrative expenses and we expect these reductions to continue throughout the remainder of 2011.

Depreciation and amortization expense increased to \$9.2 million in the nine months ended September 30, 2011 compared to \$9.1 million in the comparable period of 2010.

Other Expense. Other expense primarily represents the impact of changes in the Canadian dollar during 2010.

Interest (Expense) Income, Net. Interest expense, net, was \$408,000 in the nine months ended September 30, 2011 compared to interest income, net, of \$73,000 in the comparable period of 2010 due to the borrowings outstanding under our credit facility during 2011.

Income Taxes. In the nine months ended September 30, 2011, we recorded an income tax expense of \$7.7 million, which reflects an estimated annual effective income tax rate of 36.5%. In the comparable period of 2010, we recorded income tax expense of \$15.0 million, which reflected an estimated annual effective income tax rate of 35.9%.

Contractual Obligations and Commercial Commitments

As of September 30, 2011, our principal commitments consisted of obligations under supply agreements with food vendors, an agreement with our outside fulfillment provider, operating leases and employment contracts. Although we have no material commitments for capital expenditures, we anticipate continuing requirements for capital expenditures but at reduced levels from 2010.

During the nine months ended September 30, 2011, there were no items that significantly impacted our commitments and contingencies as disclosed in the notes to the consolidated financial statements for the year ended December 31, 2010, as included in our Form 10-K. In addition, we have no off-balance sheet financing arrangements.

Liquidity, Capital Resources and Other Financial Data

The capital and credit markets have become more volatile as a result of the recent global economic conditions, which has caused a general tightening in the credit markets, lower levels of liquidity and increased financing costs. Despite these factors, we believe that available capital resources are sufficient to fund our working capital requirements, capital expenditures, income tax obligations, dividends and share repurchases for the foreseeable future.

At September 30, 2011, we had net working capital of \$82.5 million, compared to net working capital of \$74.0 million at December 31, 2010. Cash and cash equivalents at September 30, 2011 were \$72.2 million, an increase of \$51.8 million from the balance of \$20.4 million at December 31, 2010 as we transferred amounts from marketable securities into money market accounts. There were no amounts invested in marketable securities at September 30, 2011 as compared to \$20.8 million at December 31, 2010. Our principal sources of liquidity during this period were cash flow from operations.

We have a \$200.0 million unsecured revolving credit facility with a group of lenders, which is committed until October 2, 2012 with an expansion feature, subject to certain conditions, to increase the facility to \$300.0 million. We borrowed \$30.0 million against this facility during 2010 to utilize our low cost debt capital to retire equity capital which remained outstanding at September 30, 2011. No additional amounts were borrowed during 2011.

In the nine months ended September 30, 2011, we generated a cash flow of \$54.5 million from operating activities, a decrease of \$29.9 million from 2010. The decrease in cash flow from operations is primarily attributable to

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lower net income for the nine months ended September 30, 2011 and net changes in operating assets and liabilities primarily driven by inventory balances.

In the nine months ended September 30, 2011, net cash provided by investing activities was \$14.3 million primarily from the \$20.9 million sale of marketable securities reduced by capital additions of \$6.6 million. We are continuing to invest in our ecommerce and web platform and facilities to incorporate new product initiatives.

In the nine months ended September 30, 2011, net cash used in financing activities was \$17.0 million primarily for the payment of dividends.

On July 28, 2011, the Company announced that its Board of Directors had authorized the repurchase of up to \$150.0 million of our outstanding shares of common stock in open-market transactions on the NASDAQ National Market or through privately negotiated transactions, including block transactions. The timing and actual number of shares repurchased depend on a variety of factors including price, corporate and regulatory requirements, alternative investment opportunities and other market conditions. The stock repurchase program has an expiration date of June 30, 2013 but may be limited or terminated at any time without prior notice.

Subsequent to September 30, 2011, the Board of Directors declared a quarterly dividend of \$0.175 per share payable on November 25, 2011 to stockholders of record as of November 14, 2011. Although the Company intends to continue to pay regular quarterly dividends, the declaration and payment of future dividends are discretionary and will be subject to quarterly determination by the Board of Directors following its review of the Company's financial performance.

Seasonality

Typically in the weight loss industry, revenue is strongest in the first calendar quarter and lowest in the fourth calendar quarter. We believe our business experiences seasonality, driven by the predisposition of dieters to initiate a diet and the price and availability of certain media.

Recently Issued Accounting Pronouncements

Accounting Standards Update No. 2011-05 Comprehensive Income (Topic 220): Presentation of Comprehensive Income (ASU No. 2011-05) amends existing guidance by allowing only two options for presenting the components of net income and other comprehensive income: (1) in a single continuous financial statement, statement of comprehensive income or (2) in two separate but consecutive financial statements, consisting of an income statement followed by a separate statement of other comprehensive income. Also, items that are reclassified from other comprehensive income to net income must be presented on the face of the financial statements. ASU No. 2011-05 requires retrospective application, and it is effective for fiscal years, and interim periods within those years, beginning after December 15, 2011, with early adoption permitted. The Company believes the adoption of this update will change the order in which certain financial statements are presented and provide additional detail on those financial statements when applicable, but will not have any other impact on its consolidated financial position or results of operations.

Item 3. Quantitative and Qualitative Disclosures About Market Risk

We have interest-rate risk exposure for changes in interest rates relating to our outstanding borrowings. We manage our exposure to changing interest rates through the use of a combination of variable-rate debt and fixing the interest rate of certain variable-rate debt through the use of interest rate swaps. At September 30, 2011, we had two interest rate swap agreements (the Swaps), with notional amounts of \$10.0 million each, which mature on August 3, 2012 and September 28, 2012, respectively. Under the Swaps, we receive interest equivalent to the three-month LIBOR and pay a fixed rate of interest of 0.75% with settlements occurring quarterly. At September 30, 2011, we had \$30 million of debt outstanding at a weighted average interest rate of 1.09%. A one percentage point change in the weighted average rate would affect annual interest by approximately \$300,000.

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We believe that we are not subject to any material risks arising from changes in foreign currency exchange rates, commodity prices, equity prices or other market changes that affect market risk instruments. Our cash and cash equivalents at September 30, 2011 of \$72.2 million were maintained in bank and money market accounts. As such, a change in interest rates of one percentage point would not have a material impact on our operating results and cash flows.

Item 4. Controls and Procedures

(a) *Evaluation of Disclosure Controls and Procedures.* The SEC defines the term “disclosure controls and procedures” to mean a company’s controls and other procedures that are designed to ensure that information required to be disclosed in the reports that it files or submits under the Securities Exchange Act of 1934 is recorded, processed, summarized and reported within the time periods specified in the SEC’s rules and forms. Based on the evaluation of the effectiveness of our disclosure controls and procedures by our management, with the participation of our Chief Executive Officer and our Chief Financial Officer, as of the end of the period covered by this report, our Chief Executive Officer and our Chief Financial Officer have concluded that our disclosure controls and procedures at the end of the period covered by this report were effective to ensure that information required to be disclosed in the reports that we file or submit under the Securities Exchange Act of 1934 is (i) recorded, processed, summarized and reported, within the time periods specified in the Commission’s rules and forms, and (ii) accumulated and communicated to our management, including our Chief Executive Officer and Chief Financial Officer, as appropriate to allow timely decisions regarding disclosure.

(b) *Changes in Internal Control Over Financial Reporting.* No change in our internal control over financial reporting (as defined in Rules 13a-15(f) and 15d-15(f) under the Securities Exchange Act of 1934) occurred during the fiscal quarter ended September 30, 2011 that has materially affected, or is reasonably likely to materially affect, our internal control over financial reporting.

PART II OTHER INFORMATION

Item 1. Legal Proceedings

Commencing on October 9, 2007, several putative class action suits were filed in the United States District Court for the Eastern District of Pennsylvania naming Nutrisystem, Inc. and certain of its officers and directors as defendants and alleging violations of Sections 10(b) and 20(a) of the Securities Exchange Act of 1934. The complaints purported to bring claims on behalf of a class of persons who purchased the Company’s common stock between February 14, 2007 and October 3, 2007 or October 4, 2007. The complaints alleged that the defendants issued various materially false and misleading statements relating to the Company’s projected performance that had the effect of artificially inflating the market price of its securities. These actions were consolidated in December 2007 under docket number 07-4215, and a consolidated amended complaint was filed on March 7, 2008 that raised the same claims but alleged a class period of February 14, 2007 through February 19, 2008. The consolidated amended complaint asked the court to (1) certify a class, (2) award compensatory damages, reasonable costs and expenses and (3) grant such other and further relief as the court deemed just and proper. The defendants filed a motion to dismiss on May 6, 2008 that was granted by the Court on August 31, 2009. On September 29, 2009, plaintiff filed a notice of appeal, and on May 19, 2010, upon motion by the plaintiff/appellant, the appeal was dismissed with prejudice without costs to either party. The dismissal is final.

On April 27, 2010, counsel for a stockholder sent a letter relating to the same events that formed the bases of the federal putative class action described above. Specifically, the stockholder has demanded, pursuant to Delaware Chancery Court Rule 23.1, that the Board of Directors (1) undertake (or cause to be undertaken) an independent internal investigation into violations of Delaware law committed by Company management during the time periods described above and (2) commence a civil action against each member of management to recover for the benefit of the Company the amount of damages sustained by the Company as a result of their breaches of fiduciary duties described above. The Board of Directors appointed a special committee consisting of three independent directors to investigate this demand. The special committee engaged independent legal counsel to assist it in this investigation. In April 2011, the special committee, with the assistance of independent legal counsel, completed its investigation and delivered to the Board of Directors the special committee’s recommendation that the Company refuse the demands made in the stockholder’s

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letter. At its April 2011 meeting, the Board of Directors, after deliberation and discussion, unanimously determined to accept the special committee's recommendation as in the best interests of the Company and its stockholders. Promptly thereafter, the special committee's counsel delivered to the stockholder's counsel a letter informing counsel of the Board of Directors' actions and the Company's decision to refuse the stockholder's demands. In May 2011, the stockholder's counsel sent a letter to the Company's counsel demanding to inspect and make copies of certain specified books, records, minutes and other documents of the Company for the purposes set forth in such letter. Without waiving any of the rights to challenge the propriety of such purposes under Delaware law, in early June 2011, the Company delivered to the stockholder's counsel copies of certain minutes of the Board of Directors and the special committee according to the terms of a confidentiality agreement that the Company and the stockholder had executed. The Company has not received any further correspondence or communications from the stockholder or his counsel since that time.

On August 5, 2011, a lawsuit was filed by a stockholder in the United States District Court for the Eastern District of Pennsylvania naming Nutrisystem, Inc., certain of its officers and directors, and one of its former officers as defendants and alleging breaches by defendants of their fiduciary duties of candor, good faith and loyalty, unjust enrichment, and aiding and abetting from 2010 to the present in connection with the award of excessive and unwarranted 2010 executive compensation. Plaintiff specifically claims the action to be a failed say-on-pay shareholder derivative action stemming from the advisory, non-binding vote of the Company's stockholders at its May 12, 2011 annual meeting in which the Company's stockholders did not approve the Company's 2010 executive compensation. The complaint is listed under docket number 2:11-cv-05036-PD and specifically alleges that (1) the defendants breached their fiduciary duties in connection with the issuance of certain false and misleading statements; (2) the defendants breached their fiduciary duties in connection with the Board of Directors' compensation practices; (3) the defendants breached their fiduciary duties in connection with the Company's failure to respond to the negative say-on-pay vote; and (4) as a result of the foregoing the defendants were unjustly enriched at the expense of the Company. Accordingly, the complaint asks the court to (1) award judgment against the defendants and in favor of the Company for an unspecified amount of damages sustained by the Company as a result of defendants' violation of state law, (2) grant extraordinary equitable and/or injunctive relief as necessary or permitted by law, equity and the statutory provisions cited in the complaint, including disgorgement, attachment, impoundment, imposition of a constructive trust on or otherwise restricting the disposition/exercise of improvidently awarded executive compensation based upon false financial reporting and/or the proceeds of defendants' trading activities or their other assets so as to ensure that plaintiff on behalf of the Company has an effective remedy; (3) order the implementation and administration of internal controls and systems at the Company designed to prohibit and prevent excessive and/or unwarranted executive compensation payments to the Company's chief executive, chief financial, and other senior executive officers; (4) award to plaintiff the costs and disbursements of the action, including reasonable attorneys' fees, and accountants' and expert fees, costs and expenses; and (5) grant such other and further relief as the court deems just and proper. On October 21, 2011 the defendants filed a motion to dismiss the complaint pursuant to Rules 12(b)(6) and 23.1 of the Federal Rules of Civil Procedure for failure to state a claim upon which relief can be granted and for failure to adequately plead demand futility. The Company believes that the claims are without merit and intends to defend the litigation vigorously.

On September 1, 2011, a lawsuit was filed by another stockholder in the Court of Common Pleas of Montgomery County, Pennsylvania naming Nutrisystem, Inc., certain of its officers and directors, and one of its former officers as defendants and alleging breaches by defendants of their fiduciary duties of candor, good faith and loyalty, unjust enrichment, and aiding and abetting from 2010 to the present in connection with the award of excessive and unwarranted 2010 executive compensation. This action stems from the same failed say-on-pay advisory, non-binding vote of the Company's stockholders at its May 12, 2011 annual meeting in which the Company's stockholders did not approve the Company's 2010 executive compensation. The complaint is listed under docket number 2011-24985 and specifically alleges that (1) the defendants breached their fiduciary duties in connection with the issuance of certain materially false and misleading statements and omissions of fact; (2) the defendants breached their fiduciary duties in connection with the Company's excessive 2010 executive compensation and the failure to rescind such compensation in response to the negative say-on-pay vote; and (3) as a result of the foregoing the defendants were unjustly enriched at the expense of the Company. Accordingly, the complaint asks the court to (1) determine that the action is a proper derivative action maintainable under the law and that demand is excused; (2) award judgment against the defendants and in favor of the Company for an unspecified amount of damages sustained by the Company as a result of defendants' breaches of fiduciary duties; (3) grant injunctive and other equitable relief as necessary or permitted by law, equity and the statutory provisions cited in the complaint, including disgorgement, attachment, impoundment, imposition of a constructive trust on or otherwise restricting the disposition/exercise of disloyally awarded executive compensation; (4) direct the Company to take all necessary actions to reform and improve its corporate governance and internal procedures to comply with all applicable laws and to protect the Company and its stockholders from a repeat of the damaging events described in the Complaint; (5) award to plaintiff the costs and disbursements of the action, including reasonable allowance of fees and costs for plaintiff's attorneys, experts and accountants; and (6) grant such other and further relief as the court deems just and proper. The Company believes that the claims are without merit and intends to defend the litigation vigorously.

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The Company is also involved in other various claims and routine litigation matters. In the opinion of management, after consultation with legal counsel, the outcomes of such matters are not anticipated to have a material adverse effect on the Company's consolidated financial position, results of operations or cash flows in future years.

Item 1A. Risk Factors

There have been no material changes to the factors disclosed in Item 1A. Risk Factors in our Annual Report on Form 10-K for the year ended December 31, 2010.

Item 2. Unregistered Sales of Equity Securities and Use of Proceeds**Issuer Purchases of Equity Securities**

The following table provides information relating to our purchases of our common stock during the quarter ended September 30, 2011:

Period	Total Number of Shares Purchased (1)(2)	Average Price Paid per Share	Total Number of Shares Purchased as	Approximate Dollar Value of Shares that May Yet Be Purchased Under the Plans or Programs (1)
			Part of Publicly Announced Plans or Programs (1)	
July 1 July 31, 2011				\$ 150,000,000
August 1 August 31, 2011				\$ 150,000,000
September 1 September 30, 2011				\$ 150,000,000

- (1) On July 28, 2011, the Company announced that its Board of Directors had authorized the repurchase of up to \$150.0 million of our outstanding shares of common stock in open-market transactions on the NASDAQ National Market or through privately negotiated transactions, including block transactions. The timing and actual number of shares repurchased depend on a variety of factors including price, corporate and regulatory requirements, alternative investment opportunities and other market conditions. The stock repurchase program has an expiration date of June 30, 2013 but may be limited or terminated at any time by the Company's Board of Directors without prior notice.
- (2) For the period from July 1, 2011 through September 30, 2011, employees surrendered 76,836 shares of common stock to the Company for payment of the minimum tax withholding obligations upon the vesting of shares of restricted stock.

Item 3. Defaults Upon Senior Securities

None

Item 5. Other Information

None

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Item 6. Exhibits

3.1	Certificate of Incorporation, incorporated by reference to Exhibit 3.1 of the Company's Registration Statement on Form 10, filed on December 17, 1999.
3.2	Certificate of Amendment of Certificate of Incorporation, incorporated by reference to Exhibit 3.1 to the Company's Registration Statement on Form S-3 (No. 333-124561), filed on May 3, 2005.
3.3	Certificate of Amendment of Certificate of Incorporation, incorporated by reference to Exhibit 3.2 to the Company's Registration Statement on Form S-3 (No. 333-124561), filed on May 3, 2005.
3.4	Amended and Restated Bylaws, incorporated by reference to Exhibit 3.1 to the Company's Current Report on Form 8-K (dated July 16, 2009), filed on July 22, 2009.
31.1	Certifying Statement of the Chief Executive Officer pursuant to Section 302 of the Sarbanes-Oxley Act of 2002.
31.2	Certifying Statement of the Chief Financial Officer pursuant to Section 302 of the Sarbanes-Oxley Act of 2002.
32.1	Certifying Statement of the Chief Executive Officer pursuant to Section 1350 of Title 18 of the United States Code.
32.2	Certifying Statement of the Chief Financial Officer pursuant to Section 1350 of Title 18 of the United States Code.
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101.SCH*	XBRL Taxonomy Extension Schema Document
101.CAL*	XBRL Taxonomy Extension Calculation Linkbase Document
101.LAB*	XBRL Taxonomy Extension Label Linkbase Document
101.PRE*	XBRL Taxonomy Extension Presentation Linkbase Document
101.DEF*	XBRL Taxonomy Extension Definition Linkbase Document

* XBRL (Extensible Business Reporting Language) information is furnished and not filed for purposes of Sections 11 and 12 of the Securities Act of 1933 and Section 18 of the Securities Exchange Act of 1934, and is not subject to liability under those sections, is not part of any registration statement or prospectus to which it relates and is not incorporated or deemed to be incorporated by reference into any registration statement, prospectus or other document.

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this Report to be signed on its behalf by the undersigned, thereunto duly authorized.

Nutrisystem, Inc.

BY: /S/ Joseph M. Redling
Joseph M. Redling
Chairman, President and Chief Executive Officer
(principal executive officer)

November 4, 2011

BY: /S/ David D. Clark
David D. Clark
Executive Vice President, Chief Financial Officer and Treasurer
(principal financial and accounting officer)

November 4, 2011

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Exhibit Index

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