

OWENS & MINOR INC/VA/
Form 8-K
September 17, 2004

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION

Washington, DC 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 OR 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): August 20, 2004

Owens & Minor, Inc.

(Exact name of registrant as specified in its charter)

Virginia
(State or other jurisdiction)

of incorporation

4800 Cox Road, Glen Allen, Virginia
(Address of principal executive offices)

1-9810
(Commission File Number)

54-1701843
(IRS Employer

Identification No.)

23060
(Zip Code)

Registrant's telephone number, including area code (804) 747-9794

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(former name or former address, if changed since last report.)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2.below):

- .. Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
 - .. Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a- 12)
 - .. Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
 - .. Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
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Item 5.04. Temporary Suspension of Trading Under Registrant s Employee Benefit Plans.

On September 17, 2004, Owens & Minor, Inc. (O&M) sent a notice, pursuant to Section 306 of the Sarbanes-Oxley Act of 2002 and Rule 104 of Regulation BTR, to directors and executive officers of O&M informing them that a blackout period with respect to the O&M 401(k) Savings and Retirement Plan will be in effect beginning at 4:00 p.m. Eastern time on September 20, 2004 and ending by October 22, 2004. The blackout period is being implemented in connection with a change in recordkeepers from American Express Trust Company to Fidelity Investments.

A copy of the notice is attached hereto as Exhibit 99.1 and is incorporated herein by reference.

Item 9.01 Financial Statements and Exhibits

(a) (b) Not applicable.

(c) Exhibits:

99.1 Notice of Blackout Period with respect to Trading of Common Stock of Owens & Minor, Inc. dated September 17, 2004

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

OWENS & MINOR, INC.

Date: September 17, 2004

By: /s/ Grace R. den Hartog

Name: Grace R. den Hartog

Title: Senior Vice President, General Counsel and

Corporate Secretary

Exhibit Index

<u>Exhibit No.</u>	<u>Description</u>
99.1	Notice of Blackout Period with respect to Trading of Common Stock of Owens & Minor, Inc. dated September 17, 2004