

GOULD MATTHEW J  
Form 4  
March 26, 2009

**FORM 4**

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549**

OMB APPROVAL

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**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
GOULD MATTHEW J

2. Issuer Name and Ticker or Trading Symbol  
ONE LIBERTY PROPERTIES INC [OLP]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)  
60 CUTTER MILL ROAD, SUITE 303  
  
(Street)

3. Date of Earliest Transaction (Month/Day/Year)  
03/24/2009

Director  10% Owner  
 Officer (give title below)  Other (specify below)  
SENIOR VICE PRESIDENT

GREAT NECK, NY 11021

(City) (State) (Zip)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Ownership (Instr. 4)	
				(A) or (D)	Price			
Common Stock					198,282 <sup>(1)</sup>	D		
Common Stock					34,734 <sup>(2)</sup>	I	As custodian	
Common Stock					3,552 <sup>(2)</sup>	I	By spouse	
Common Stock					12,128 <sup>(3)</sup>	I	By foundation	
Common Stock	03/24/2009		P	2,000 A	\$ 3.3	1,025,706 <sup>(4)</sup>	I	By partnership

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Common Stock	03/24/2009	P	2,000	A	\$ 3.25	1,027,706 <sup>(4)</sup>	I	By partnership
Common Stock	03/24/2009	P	400	A	\$ 3.225	1,028,106 <sup>(4)</sup>	I	By partnership
Common Stock	03/24/2009	P	600	A	\$ 3.2399	1,028,706 <sup>(4)</sup>	I	By partnership
Common Stock	03/24/2009	P	2,000	A	\$ 3.2	1,030,706 <sup>(4)</sup>	I	By partnership
Common Stock	03/24/2009	P	1,000	A	\$ 3.16	1,031,706 <sup>(4)</sup>	I	By partnership
Common Stock	03/24/2009	P	100	A	\$ 3.15	1,031,806 <sup>(4)</sup>	I	By partnership
Common Stock	03/25/2009	P	600	A	\$ 3.5	1,032,406 <sup>(4)</sup>	I	By partnership
Common Stock	03/25/2009	P	400	A	\$ 3.495	1,032,806 <sup>(4)</sup>	I	By partnership
Common Stock	03/25/2009	P	400	A	\$ 3.47	1,033,206 <sup>(4)</sup>	I	By partnership
Common Stock	03/25/2009	P	1,200	A	\$ 3.4575	1,034,406 <sup>(4)</sup>	I	By partnership
Common Stock	03/25/2009	P	1,300	A	\$ 3.45	1,035,706 <sup>(4)</sup>	I	By partnership
Common Stock	03/25/2009	P	100	A	\$ 3.42	1,035,806 <sup>(4)</sup>	I	By partnership

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Owned Beneficially (Instr. 6)

