ALPHA PRO TECH LTD

Form 4

March 16, 2007

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

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OMB APPROVAL

response...

if no longer subject to Section 16. Form 4 or Form 5

Check this box

obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

See Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * **HOFFMAN SHELDON**

2. Issuer Name and Ticker or Trading Symbol

ALPHA PRO TECH LTD [APT]

5. Relationship of Reporting Person(s) to

Issuer

(Last)

(Middle)

3. Date of Earliest Transaction

(Check all applicable)

60 CENTURIAN DRIVE SUITE #

(Street)

(First)

(Month/Day/Year) 12/15/2006

_X__ Director 10% Owner _ Other (specify X_ Officer (give title below) below)

112

4. If Amendment, Date Original

C.E.O. 6. Individual or Joint/Group Filing(Check

Applicable Line)

Filed(Month/Day/Year)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

MARKHAM, A6 L3R 9R2

(City)	(State)	(Zip) Tal	ole I - Non-	Derivative S	Securi	ities Acqui	red, Disposed of	, or Beneficia	lly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	n Date, if Transaction Disposed of (D) Code (Instr. 3, 4 and 5)))	5. Amount of Securities Ownership Beneficially Form: Owned Direct (D) Following or Indirect Reported (I) Transaction(s) (Instr. 4) (Instr. 3 and 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)
common	12/15/2006		Code V P	Amount 10,392	(D)	Price \$ 0.97	875,028	D	
stock	12/13/2000		•	10,372	11	Ψ 0.57	075,020	D	
common stock	01/05/2007		P	89,608	A	\$ 0.97	964,636	D	
common stock	02/26/2007		P	75,000	A	\$ 0.86	1,039,636	D	
common stock	03/15/2007		S	150,000	D	\$ 3.1505	889,636	D	
commom stock							73,002	I	by spouse, Mr Hoffman

			disclaims beneficial ownership
common stock	410,051	I	by trust, Mr Hoffman disclaims benefical ownership in Hoffman family trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)			erivative Expiration Date courities (Month/Day/Year) cquired (A) Disposed of D) nstr. 3, 4,		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
option	\$ 0.97	12/15/2006		M		10,392	09/28/2001	01/05/2007	options	10,392
options	\$ 0.97	01/05/2007		M		89,608	09/28/2001	01/05/2007	options	89,608
options	\$ 0.86	02/26/2007		M		75,000	03/07/2002	03/06/2007	options	75,000

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
HOFFMAN SHELDON 60 CENTURIAN DRIVE SUITE # 112	X		C.E.O.				
MARKHAM, A6 L3R 9R2							

Reporting Owners 2

Signatures

SHELLY HOFFMAN

03/16/2007

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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