Crystal Richard P Form 4 January 30, 2007

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

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OMB APPROVAL

Washington, D.C. 20549

January 31, 2005

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Estimated average burden hours per response... 0.5

subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction

Check this box

if no longer

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

01/29/2007

Stock (1) (2)

1. Name and Address of Reporting Person * Crystal Richard P		Symbo	2. Issuer Name and Ticker or Trading Symbol				5. Relationship of Reporting Person(s) to Issuer		
			New York & Company, Inc. [NWY]			11 11 1	(Check all applicable)		
(Last)	(First) (N		3. Date of Earliest Transaction				400	_	
450 W. 33RD ST., 5TH FLOOR			(Month/Day/Year) 01/29/2007				X Director 10% Owner X Officer (give title Other (specify below)		
(Street) 4.			4. If Amendment, Date Original				6. Individual or Joint/Group Filing(Check		
		Filed(M	Filed(Month/Day/Year)				Applicable Line)		
NEW YORK, NY 10001						_X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip) Ta	ble I - Non-De	rivative	Secui	rities Acq	uired, Disposed of	, or Beneficiall	y Owned
1.Title of	2. Transaction Date	2A. Deemed	3.	4. Securi	ties A	cquired	5. Amount of	6.	7. Nature of
Security	(Month/Day/Year)	Execution Date, if			•		Securities	Ownership	Indirect
(Instr. 3)		any	Code (Instr. 3, 4 and 5)		5)	Beneficially	Form: Direct		
		(Month/Day/Year	(Instr. 8)				Owned Following	(D) or Indirect (I)	Ownership (Instr. 4)
							Reported	(Instr. 4)	(msu: 1)
					(A)		Transaction(s)		
			Code V	Amount	(D)	Price	(Instr. 3 and 4)		
Common Stock (1)	01/29/2007		M 2	2,700	A	\$ 0.11	361,253	D	
Common	01/29/2007		S '	2 700	D	\$	358 553	D	

2,700 D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

S

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SEC 1474

(9-02)

358,553

D

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number Transaction Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		of Derivative Expiration Date Gecurities (Month/Day/Year) Acquired A) or Disposed of D) Instr. 3, 4,		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Options to Purchase Common Stock (1)	\$ 0.11	01/29/2007		M		2,700	(3)	11/27/2012	Common Stock	2,700
Options to Purchase Common Stock	\$ 3.23						(3)	05/14/2014	Common Stock	486,453
Options to Purchase Common Stock	\$ 15.76						<u>(4)</u>	03/15/2016	Common Stock	45,000

Reporting Owners

Reporting Owner Name / Address	Relationships						
FB	Director	10% Owner	Officer	Other			
Crystal Richard P 450 W. 33RD ST. 5TH FLOOR NEW YORK, NY 10001	X		Chairman, CEO & President				
Ciam atuma a							

Signatures

/s/ Richard P. Crystal	01/30/2007		
**Signature of Reporting Person	Date		

Reporting Owners 2

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This exercise of options to purchase Common Stock and the sale of Common Stock are pursuant to the reporting person's 10b5-1 Plan which commenced on November 20, 2006 under Rule 10b5-1 under the Securities Exchange Act of 1934, as amended.
 - Includes 343,553 shares of Common Stock. Also includes 15,000 shares of restricted stock which may become exercisable pursuant to a vesting schedule ending on August 16, 2010 depending on company performance and continued employment through August 16, 2010.
- If certain company performance objectives are met throughout the 4-year vesting period, the restricted stock will vest over the next four years as follows: 1,875 on February 3, 2007; 3,750 on February 2, 2008; 3,750 on January 31, 2009; 3,750 on January 30, 2010; and 1,875 on August 16, 2010. If on August 16, 2010, the company's cumulative 4-year performance meets the cumulative 4-year performance objectives, then any unvested shares will vest.
- (3) The options to purchase Common Stock are currently exercisable.
- The options become exercisable in five annual installments on the following dates: 6,750 shares on March 15, 2007; 6,750 shares on March 15, 2008; 9,000 shares on March 15, 2009; 11,250 shares on March 15, 2010; and 11,250 shares on March 15, 2011.

Remarks:

Except as outlined above, the filing of this Form shall not be deemed an admission that the reporting person is the beneficial o Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.