

VERIZON COMMUNICATIONS INC
Form 8-K
February 28, 2006

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report: February 28, 2006

(Date of earliest event reported)

VERIZON COMMUNICATIONS INC.

(Exact name of registrant as specified in its charter)

Delaware
(State or other jurisdiction of incorporation)

1-8606
(Commission File Number)

23-2259884
(I.R.S. Employer Identification No.)

140 West Street

New York, New York
(Address of principal executive offices)

10007
(Zip Code)

Registrant's telephone number, including area code: (212) 395-1000

Not applicable

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- .. Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- .. Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- .. Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

.. Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 8.01 Other Events.

Attached as an exhibit is a press release dated February 28, 2006 issued by Verizon Communications Inc. (Verizon) related to a presentation given by Lawrence T. Babbio Jr., Vice Chairman and President, at a Merrill Lynch investors conference.

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

Verizon Communications Inc.
(Registrant)

Date: February 28, 2006

/s/ Thomas A. Bartlett
Thomas A. Bartlett
Senior Vice President and Controller

EXHIBIT INDEX

Exhibit

Number	Description
99	Attached as an exhibit is a press release dated February 28, 2006 issued by Verizon Communications Inc. (Verizon) related to a presentation given by Lawrence T. Babbio Jr., Vice Chairman and President, at a Merrill Lynch investors conference
I By JIW Enterprises, Inc. (2)	Common stock, par value \$.01 per share 02/20/2007 S(1) 300 D \$ 26.7 629,937 I By JIW Enterprises, Inc. (2)
Common stock, par value \$.01 per share 02/20/2007 S(1)	100 D \$ 26.71 629,837 I By JIW Enterprises, Inc. (2)
Common stock, par value \$.01 per share 02/20/2007 S(1)	300 D \$ 26.74 629,537 I By JIW Enterprises, Inc. (2)
Common stock, par value \$.01 per share 02/20/2007 S(1)	900 D \$ 26.75 628,637 I By JIW Enterprises, Inc. (2)
Common stock, par value \$.01 per share 02/20/2007 S(1)	900 D \$ 26.76 627,737 I By JIW Enterprises, Inc. (2)
Common stock, par value \$.01 per share 02/20/2007 S(1)	4,000 D \$ 26.77 623,737 I By JIW Enterprises, Inc. (2)
Common stock, par value \$.01 per share 02/20/2007 S(1)	3,700 D \$ 26.78 620,037 I By JIW Enterprises, Inc. (2)
Common stock, par value \$.01 per share 02/20/2007 S(1)	1,300 D \$ 26.79 618,737 I By JIW Enterprises, Inc. (2)
Common stock, par value \$.01 per share 02/20/2007 S(1)	4,000 D \$ 26.8 614,737 I By JIW Enterprises, Inc. (2)
Common stock, par value \$.01 per share 02/20/2007 S(1)	3,000 D \$ 26.81 611,737 I By JIW Enterprises, Inc. (2)
Common stock, par value \$.01 per share 02/20/2007 S(1)	2,100 D \$ 26.82 609,637 I By JIW Enterprises, Inc. (2)
Common stock, par value \$.01 per share 02/20/2007 S(1)	1,800 D \$ 26.83 607,837 I By JIW Enterprises, Inc. (2)
Common stock, par value \$.01 per share 02/20/2007 S(1)	3,900 D \$ 26.84 603,937 I By JIW Enterprises, Inc. (2)
Common stock, par value \$.01 per share 02/20/2007 S(1)	5,100 D \$ 26.85 598,837 I By JIW Enterprises, Inc. (2)
Common stock, par value \$.01 per share 02/20/2007 S(1)	2,400 D \$ 26.86 596,437 I By JIW Enterprises, Inc. (2)
Common stock, par value \$.01 per share 02/20/2007 S(1)	4,300 D \$ 26.87 592,137 I By JIW Enterprises, Inc. (2)
Common stock, par value \$.01 per share 02/20/2007 S(1)	2,600 D \$ 26.88 589,537 I By JIW Enterprises, Inc. (2)
Common stock, par value \$.01 per share 02/20/2007 S(1)	2,400 D \$ 26.89 587,137 I By JIW Enterprises, Inc. (2)
Common stock, par value \$.01 per share 02/20/2007 S(1)	2,500 D \$ 26.9 584,637 I By JIW Enterprises, Inc. (2)
Common stock, par value \$.01 per share 02/20/2007 S(1)	2,700 D \$ 26.91 581,937 I By JIW Enterprises, Inc. (2)
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Common stock, par value \$.01 per share 02/20/2007 S(1)	1,400 D \$ 26.96 574,737 I By JIW Enterprises, Inc. (2)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number. SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Own Follo
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