UR-ENERGY INC Form 4 March 11, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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if no longer subject to Section 16. Form 4 or Form 5 obligations may continue.

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

Common

Shares

03/07/2014

(Print or Type Responses)

(11mt of Type	responses)										
			2. Issuer Name and Ticker or Trading Symbol UR-ENERGY INC [URG]				5. Relationship of Reporting Person(s) to Issuer				
(Last)	(First) (Middle)	3. Date of Earliest Transaction				(Check all applicable)				
(Me				(Month/Day/Year) 03/07/2014				Director 10% Owner Sofficer (give title Other (specify below)			
	(Street)		. If Amendment, Date Original				6. Individual or Joint/Group Filing(Check				
File LITTLETON, CO 80127				· · · · · · · · · · · · · · · · · · ·				Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year) 2A. Deemed Execution Date, any (Month/Day/Year)			Code (Instr. 3, 4 and 5)				Securities Ownership Inc Beneficially Form: Direct Be Owned (D) or Ov Following Indirect (I) (Ir		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(Instr. 4)		
Common Shares	03/07/2014			M	36,771	A	\$ 0.9 (1)	62,595	D		
Common Shares	03/07/2014			M	21,107	A	\$ 0.81 (2)	83,702	D		
Common Shares	03/07/2014			M	62,717	A	\$ 0.76 (3)	146,419	D		

S

120,595 D

25,824

D

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of or Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Common Share Options	(1)	03/07/2014		M	36,771	<u>(4)</u>	09/02/2014	Common Shares	36,771
Common Share Options	<u>(2)</u>	03/07/2014		M	21,107	<u>(5)</u>	03/05/2015	Common Shares	21,107
Common Share Options	<u>(3)</u>	03/07/2014		M	62,717	<u>(6)</u>	12/07/2017	Common Shares	62,717

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

HATTEN STEVEN M. 10758 W. CENTENNIAL ROAD SUITE 200 LITTLETON, CO 80127

Vice President, Operations

Signatures

/s/ Penne A. Goplerud, Penne A. Goplerud pursuant to Power of Attorney 03/11/2014

**Signature of Reporting Person Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Reporting Owners 2

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- Price of options is expressed in Canadian dollars. Based on the rate of exchange on the transaction date (Cdn\$1.00 = US\$0.90753) as reported by OANDA Corporation on its website, www.oanda.com, the U.S. dollar equivalent is \$0.82.
- Price of options is expressed in Canadian dollars. Based on the rate of exchange on the transaction date (Cdn\$1.00 = US\$0.90753) as reported by OANDA Corporation on its website, www.oanda.com, the U.S. dollar equivalent is \$0.74.
- Price of options is expressed in Canadian dollars. Based on the rate of exchange on the transaction date (Cdn\$1.00 = US\$0.90753) as reported by OANDA Corporation on its website, www.oanda.com, the U.S. dollar equivalent is \$0.69.
- Options vested and became exercisable as follows: 3,677 on September 2, 2009; 8,090 on January 17, 2010; 8,089 on June 3, 2010; 8,090 on October 18, 2010; and 8,825 on March 3, 2011.
- Options vested and became exercisable as follows: 2,111 on March 5, 2010; 4,643 on July 20, 2010; 4,644 on December 4, 2010; 4,643 on April 20, 2011; and 5,066 on September 3, 2011.
- Options vested and became exercisable as follows: 8,252 on December 7, 2012; 18,155 on April 23, 2013; 18,155 on September 7, 2013; and 18,155 on January 22, 2014.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.