

Symmetry Medical Inc.  
Form 8-K  
January 11, 2011

UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

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FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): January 10, 2011

SYMMETRY MEDICAL INC.  
(Exact name of Registrant as specified in its charter)

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Delaware (State or other jurisdiction of incorporation)	001-32374 (Commission File Number)	35-1996126 (IRS Employer Identification No.)
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3724 N State Road 15, Warsaw, Indiana 46582  
(Address of Principal executive offices, including Zip Code)

(574) 268-2252  
(Registrant's telephone number, including area code)

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))



Item 8.01. Other Events

On January 10, 2011, Symmetry Medical, Inc. issued a press release entitled "Symmetry Medical Board of Directors Appoints Thomas J. Sullivan President and Chief Executive Officer," in which it announced the appointment of Thomas J. Sullivan as President and Chief Executive Officer effective January 17, 2011, as well as the reassignment of current President and CEO, Brian Moore, to the position of President, Business Development effective that date.

A copy of this press release is being furnished as Exhibit 99.1.

Item 9.01. Financial Statements and Exhibits

(d) Exhibits

99.1 "Symmetry Medical Board of Directors Appoints Thomas J. Sullivan President and Chief Executive Officer," Press Release issued by Symmetry Medical, Inc. dated January 10, 2011.

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Symmetry Medical Inc.

/s/ Fred L. Hite

Date: January 10, 2011

Name: Fred L. Hite

Title: Chief Financial Officer

EXHIBIT INDEX

Exhibit

No. Description

99.1 "Symmetry Medical Board of Directors Appoints Thomas J. Sullivan President and Chief Executive Officer," Press Release issued by Symmetry Medical, Inc. dated January 10, 2011.

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