FIRST BANCORP /NC/

Form 4

January 31, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB as

Number: 3235-0287

Expires: January 31, 2005

OMB APPROVAL

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if no longer subject to Section 16. Form 4 or

Check this box

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * MCLAURIN LEE C			2. Issuer Name and Ticker or Trading Symbol FIRST BANCORP /NC/ [FBNC]				g	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last)	(First)	(Middle)		f Earliest T Day/Year) 2006	ransaction			Director _X Officer (give relow)	10%	Owner r (specify
	(Street)			endment, D nth/Day/Yea		al	- -	5. Individual or Joi Applicable Line) X_Form filed by O Form filed by Mo Person	ne Reporting Per	rson
(City)	(State)	(Zip)	Tab	le I - Non-l	Derivative	Secu	rities Acqui	ired, Disposed of,	or Beneficial	y Owned
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Year	r) Execution any		3. Transaction Code (Instr. 8)		sed of		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	01/30/2006			M	600	A	\$ 12.3333	5,100	D	
Common Stock	01/30/2006			<u>J(1)</u>	200	D	\$ 23.44	4,900	D	
Common Stock								598.2973	I	401K PLAN

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)		6. Date Exercis Expiration Dat (Month/Day/Y	te	7. Title and A Underlying S (Instr. 3 and	Securities	8. P Der Sect (Ins
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Options (Right to buy)	\$ 15.3267					07/25/2002	07/25/2011	Common Stock	6,000	
Stock Options (Right to buy)	\$ 21.7					04/01/2004	04/01/2014	Common Stock	3,000	
Stock Options (Right to buy)	\$ 12.3333	01/30/2006		M	600	10/22/1997	10/22/2007	Common Stock	600	\$ 1

Reporting Owners

Reporting Owner Name / Address						
	Director	10% Owner	Officer	Other		

MCLAURIN LEE C

SENIOR VICE PRESIDENT

Relationships

Signatures

Timothy S. Maples	01/31/200		
**Signature of Reporting Person	Date		

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Disposed of in stock swap for exercise of stock options.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.