

COOPER H HOWARD  
Form 4  
May 04, 2006

**FORM 4**

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549**

OMB APPROVAL

OMB Number: 3235-0287  
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
COOPER H HOWARD

2. Issuer Name and Ticker or Trading Symbol  
TETON ENERGY CORP [TEC]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)  
2135 BURGESS CREEK ROAD,  
NO. 7

3. Date of Earliest Transaction  
(Month/Day/Year)  
05/02/2006

\_\_\_\_ Director  
\_\_\_\_ Officer (give title below)  
 10% Owner  
\_\_\_\_ Other (specify below)

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
\_\_\_\_ Form filed by More than One Reporting Person

STEAMBOAT  
SPRINGS, CO 80487

(City) (State) (Zip)

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

| 1. Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transaction Code (Instr. 8) | 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Ownership (Instr. 4) |
|---------------------------------|--------------------------------------|--|--------------------------------|---|---|--|-----------------------------------|
|                                 |                                      |  | Code                           | V   | Amount  | (D)  | Price                             |
| Common Stock                    | 05/02/2006                           |  | M                              |   | 65,000  | A  | \$ 3.48                           |
| Common Stock                    | 05/02/2006                           |  | S                              |   | 10,000  | D  | \$ 6.85                           |
| Common Stock                    | 05/02/2006                           |  | S                              |   | 1,200   | D  | \$ 6.88                           |
| Common Stock                    | 05/02/2006                           |  | S                              |   | 8,800   | D  | \$ 6.9                            |
| Common Stock                    | 05/02/2006                           |  | S                              |   | 2,000   | D  | \$ 6.91                           |

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|              |            |   |        |   |         |        |   |
|--------------|------------|---|--------|---|---------|--------|---|
| Common Stock | 05/02/2006 | S | 4,300  | D | \$ 6.94 | 49,321 | D |
| Common Stock | 05/02/2006 | S | 500    | D | \$ 6.95 | 48,821 | D |
| Common Stock | 05/02/2006 | S | 3,300  | D | \$ 6.98 | 45,521 | D |
| Common Stock | 05/02/2006 | S | 3,500  | D | \$ 6.99 | 42,021 | D |
| Common Stock | 05/02/2006 | S | 16,500 | D | \$ 7    | 25,521 | D |
| Common Stock | 05/02/2006 | S | 300    | D | \$ 7.03 | 25,221 | D |
| Common Stock | 05/02/2006 | S | 1,400  | D | \$ 7.04 | 23,821 | D |
| Common Stock | 05/02/2006 | S | 800    | D | \$ 7.05 | 23,021 | D |
| Common Stock | 05/02/2006 | S | 1,000  | D | \$ 7.06 | 22,021 | D |
| Common Stock | 05/02/2006 | S | 700    | D | \$ 7.07 | 21,321 | D |
| Common Stock | 05/02/2006 | S | 700    | D | \$ 7.08 | 20,621 | D |
| Common Stock | 05/02/2006 | S | 800    | D | \$ 7.11 | 19,821 | D |
| Common Stock | 05/02/2006 | S | 3,400  | D | \$ 7.12 | 16,421 | D |
| Common Stock | 05/02/2006 | S | 100    | D | \$ 7.13 | 16,321 | D |
| Common Stock | 05/02/2006 | S | 700    | D | \$ 7.14 | 15,621 | D |
| Common Stock | 05/02/2006 | S | 2,500  | D | \$ 7.15 | 13,121 | D |
| Common Stock | 05/02/2006 | S | 500    | D | \$ 7.18 | 12,621 | D |
| Common Stock | 05/02/2006 | S | 1,000  | D | \$ 7.19 | 11,621 | D |
| Common Stock | 05/02/2006 | S | 1,000  | D | \$ 7.2  | 10,621 | D |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

**Persons who respond to the collection of information contained in this form are not**

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(9-02)

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**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transaction Code (Instr. 8) | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | 6. Date Exercisable and Expiration Date (Month/Day/Year) | 7. Title and Amount of Underlying Securities (Instr. 3 and 4) | Amount or Number of Shares |
|--|--|--------------------------------------|--|--------------------------------|---|--|---|----------------------------|
| Stock Options (Right to Buy)               | \$ 3.48  | 05/02/2006                           |  | M                              | 65,000  | 04/09/2003 04/09/2013                                    | Common Stock, \$.001 par value                                | 65,000                     |

## Reporting Owners

**Reporting Owner Name / Address**

**Relationships**

Director 10% Owner Officer Other

COOPER H HOWARD  
2135 BURGESS CREEK ROAD, NO. 7  
STEAMBOAT SPRINGS, CO 80487

X

## Signatures

H. Howard  
Cooper 05/04/2006

\_\_Signature of Reporting Person Date

## Explanation of Responses:

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.