

SMOLYANSKY LUDMILA
Form 4
July 28, 2011

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
SMOLYANSKY LUDMILA

2. Issuer Name and Ticker or Trading Symbol
LIFEWAY FOODS INC [LWAY]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
C/O LIFEWAY FOODS, INC., 6431 W. OAKTON ST.

3. Date of Earliest Transaction (Month/Day/Year)
07/26/2011

Director 10% Owner
 Officer (give title below) Other (specify below)

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

MORTON GROVE, IL 60053

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount (A) or (D) Price		
Common stock, no par value	07/26/2011		S		4,707 D \$ 11.1	7,491,267	D
Common stock, no par value	07/26/2011		S		399 D \$ 11.11	7,490,868	D
Common stock, no par value	07/26/2011		S		2 D \$ 11.12	7,490,866	D
Common stock, no par value	07/26/2011		S		100 D \$ 11.13	7,490,766	D

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par value								
Common stock, no par value	07/26/2011	S	414	D	\$ 11.14	7,490,352	D	
Common stock, no par value	07/27/2011	G	25,000	D	\$ 0	7,465,352	D	
Common stock, no par value	07/27/2011	G	15,000	A	\$ 0	15,000	I	See Footnote <u>(1)</u>
Common stock, no par value	07/28/2011	S	885	D	\$ 11.1	7,464,467	D	
Common stock, no par value	07/28/2011	S	600	D	\$ 11.11	7,463,867	D	
Common stock, no par value	07/28/2011	S	15	D	\$ 11.12	7,463,852	D	
Common stock, no par value	07/28/2011	S	100	D	\$ 11.14	7,463,752	D	
Common stock, no par value	07/28/2011	S	4,648	D	\$ 11.15	7,459,104	D	
Common stock, no par value	07/28/2011	S	300	D	\$ 11.16	7,458,804	D	
Common stock, no par value	07/28/2011	S	700	D	\$ 11.19	7,458,104	D	
Common stock, no par value	07/28/2011	S	1,200	D	\$ 11.2	7,456,904	D	
Common stock, no par value	07/28/2011	S	52	D	\$ 11.21	7,456,852	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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