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ABJI MINA Form 4	Z										
January 24, 2	2012										
FORM	FORM 4 UNITED STATES SECURITIES AND EXCHANCE COMMISSION								OMB APPROVAL		
	UNITED	Washington, D.C. 20549								3235-0287	
Check thi if no long subject to Section 1 Form 4 o Form 5	6. Filed pu									January 31Expires:2005Estimated averageburden hours perresponse0.5	
obligation may cont <i>See</i> Instru 1(b).	ns Section 17(action	Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940									
(Print or Type F	Responses)										
1. Name and Address of Reporting Person <u>*</u> ABJI MINAZ			Symbol Is				5. Relationship of Reporting Person(s) to ssuer (Check all applicable)				
			HOST HOTELS & RESORTS, INC. [HST]								
			(Wonun/Day/Tear)				Director 10% Owner _X Officer (give title Other (specify elow) below)				
6903 ROCK 1500	LEDGE DRIVE	E, SUITE	01/20/20	012				/	set Manageme	nt	
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)				А	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
BETHESDA	A, MD 20817						_	Form filed by Mo			
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative Se	ecuritie	es Acqui	red, Disposed of,	or Beneficiall	y Owned	
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)	Executio any		3. Transactio Code (Instr. 8)	4. Securitie nor Disposed (Instr. 3, 4)	d of (D)		5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code V	Amount	or (D)	Price	Transaction(s) (Instr. 3 and 4)	(Instr. 4)		
Restricted Stock	01/20/2012			А	167,382	А	\$ 16.23	505,558	D		
Common Stock								261,791	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amou Underlying Secur (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Am or Nu of S
Non-Qualified Stock Option (right to buy)	\$ 0	01/20/2012		А	19,667	12/31/2012	01/20/2022	Common Stock	19
Non-Qualified Stock Option (right to buy)	\$ 0					12/31/2009	02/05/2019	Common Stock	47
Non-Qualified Stock Option (right to buy)	\$ 0					12/31/2010	05/14/2019	Common Stock	96

Reporting Owners

Reporting Owner Name / Address			Relationships			
	Director	10% Owner	Officer	Other		
ABJI MINAZ 6903 ROCKLEDGE DRIVE SUITE 1500 BETHESDA, MD 20817			EVP, Asset Management			
Signatures						
By: Elizabeth A. Abdoo For: Minaz Abji		01/24	/2012			
**Signature of Reporting Person		Dat	e			
Explanation of Responses:						

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.